Activities of 1st June to 10th July 2021

World Environment day 2021

World Environment Day was celebrated by NSS Units of Pazhassiraja College Pulpally on 5th June 2021. The main purpose of the celebration was to spread awareness about the need to protect environment. Programmes were conducted through online platforms due to Covid-19 pandemic. As part of the Green Clean Earth project initiated by GCEM volunteers undertook a challenge that each volunteer will plant 10 saplings in home surroundings and ought to protect them. The programme was conducted as a token of respect and tribute to Sri. G P Sajith Babu, Regional Director, National Service Scheme. The volunteers planted 600 saplings and also uploaded in the Green Clean Earth official website. 94 volunteers from two units participated in the challenge. Terrarium making competition and Quiz competition was also conducted for all students as part of the same. A photography contest named 'Click with muthassimaram' was also conducted in order to identify the oldest tree in the premises. Krishnapriya Rajeev of Dept.of History won the cash prize for the event. Students from various departments participated in the events and made the events successful.

Covid Care Initiative 'Thanal'

NSS Units in association with Mahatma Gandhi National Council for Rural Education, Ministry of Education, Govt.of India participated in the activities related to Covid care. An initiative 'Thanal' was started on 9th June 2021. The volunteers were grouped into five different teams like Hospital management team, Non hospital management team, Family relations and emotional support team, Medical supplies team and Psycho social support team. The programme was planned to conduct from 10th – 30th June 2021. Around 85 volunteers took part in the programme. The volunteers actively took part in the activities and continued to extend their services in Wayanad especially Pulpally Panchayath. The students also participated in the training programme conducted by MGNCRE, Ministry of Education on 9th June 2021.

Anemia Awareness Campaign Webinar

NSS Units of Pazhassiraja College in association with Integrated Child Development Services (ICDS), Panamaram Additional Project, Pulpally conducted a webinar on 15-06-2021 on the topic 'Anemia Awareness Campaign among college students'. The class was led by Dr. Athira Kunhunny, Medical Officer, Ayush NHM, PHC Pulpally. 50 students participated in the programme.

Nash Mukth Bharath Campaign

Unit secretaries participated in the inaugural function 'Samvaadam' of Nash Mukth Bharath

campaign against drug abuse in connection with observing International Day against Drug abuse on June 26th 2021 which was conducted on 15th June 2021.

Reading Day 2021

Reading day was observed on 19-06-2021 by NSS volunteers by conducting various competitions like Book review competition on Basheer's 'Balyakaalasakhi' and also drawing competition on the topic 'Kaalavum vayanayum'.

International Yoga Day 2021

NSS Units in association with Department of Physical Education observed Yoga Day on 21-06-2021 by organising an Online yoga session on 'Mindful Meditation' by Mrs. Sheela Kannan, Yoga Trainer, Mananthavady from 7-8 AM. The instructor demonstrated the basic asanas of Yoga and also described the importance of Yoga while they are attending online sessions due to this pandemic. Ms. Neetha Francis (NSS PO) welcomed the gathering and Mr. Tony Thomas (HoD, Dept. of Physical Education) proposed vote of thanks. Shijily and Ishaanee shared their feedback about the session. The volunteers were motivated and decided to practice Yoga in their daily life. The volunteers also initiated an online Yoga dance competition for the students in connection with Yoga Day.

World Music Day 2021

NSS Units initiated a 'Sing to the Song' competition for students of various colleges in Wayanad and outside Wayanad. Sandra Sunil of Mass Communication department won the first prize and cash award.

International Day Against Drug Abuse and Illicit Trafficking 2021

NSS Units made an awareness video to emphasize the importance of the day. They made posters and circulated among the students and the public.

Link: https://youtu.be/VQ7Ww6yA9rI

Video presentations were made public

- showing the importance of safety measures to be taken during the pandemic https://youtu.be/wIe4c NXH0w
- protest against the atrocities towards women https://youtu.be/y-scI1C3DUI

Free RTPCR Test for students

NSS Units in association with Community Health Centre Pulpally conducted RTPCR test for students at Vijaya School Pulpally on 03-07-2021.

Online Meeting

An online meeting of Programme Officers and volunteers was conducted on 04-07-2021 at 7 PM through Google Meet. 75 volunteers participated in the programme.

Supporting Photographs

പുൽപ്പള്ളി: പഴശ്ശിരാജ കോളേ ജ് നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റുകളുടെ ആഭിമുഖ്യ ത്തിൽ വിദ്യാർത്ഥികൾ അഞ്ഞു റോളം വൃക്ഷത്തൈകൾ നട്ടു. എൻ.എസ്.എസ് റീജിയണൽ ഡയറക്ടർ ആയിരുന്ന ജി.പി സജിത് ബാബുവിന്റെ സ്മരണാർത്ഥമാണ് ഓർമ്മ യ്ക്കായി ഒരു മരം എന്ന പരിപാ ടി സംഘടിപ്പിച്ചത്. കോളേജ് ്പ്രിന്തസിപ്പൽ ഡോ.കെ അനിൽ കുമാർ, പ്രോഗ്രാം ഓഫീസർമാ രായ കോശി സി.ജെ, നീത ഫ്രാൻസിസ് എന്നിവർ നേതൃത ്ം നൽകി.









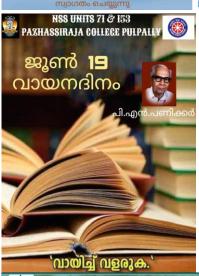


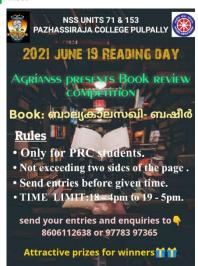


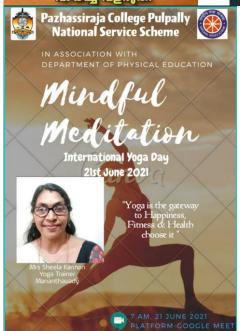


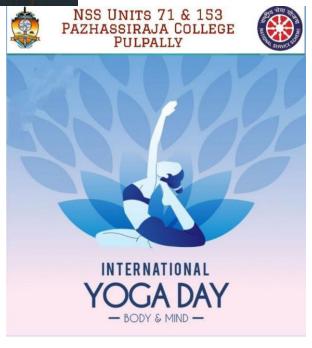




























NSS UNITS 71 & 153 PAZHASSIRAJA COLLEGE PULPALLY







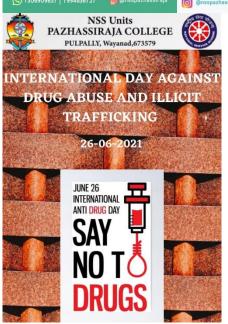




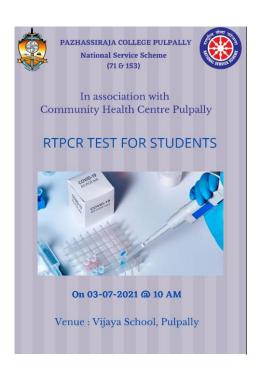














Activities of 11th July to 10th August 2021

• World Population Day

World population day was observed on 11-07-2021 by organizing an elocution competition on the topic 'Population and Corona' for the students of college.



• World Paper Bag Day

Volunteers made a wide variety of paper bags in order to emphasize the importance of avoiding plastic bags. 75 volunteers participated in the event.

https://www.youtube.com/watch?v=71P1ft JJvg



• Green Clean Kerala Campaign Programme

Wayanad NSS District Committee organised a Green Clean Kerala Campaign Programme on 19-07-2021 to focus on the activities of tree plantation by the volunteers. Also about the online quiz and various competitions conducted by GECM. Volunteers also participated in online quiz and exhibitions of home garden conducted by Green clean earth movement. Two volunteers Abhinandana and Vismaya were the student coordinators for the above programme.

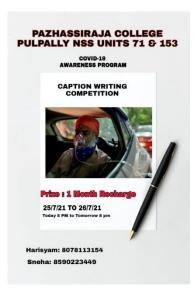
https://youtu.be/UiVRSGSDsJE



Covid 19 Awareness Programme

During this pandemic we conducted online caption writing competition and quiz competition related to Covid-19.





• Kargil Vijay Diwas

Volunteers remembered the brave volunteers of our country on the occasion of observance of kargil Vijay Diwas on 26-07-2021.



Seminar in association with Department of Women and Child Development(28-07-21)

A Seminar on 'Issues related to dowry' was conducted for the volunteers on 28-07-2021 by Department of Women and Child Development, District Legal Services Authority, Wayanad at ICDS Pulpally at 11:00 AM. It was a training programme for the volunteers to stand against dowry. Participated volunteers decided to motivate other students of our college and SN College Pulpally to stand against dowry. The legal aspects were also discussed in the seminar.



World Nature Conservation Day(28-07-21)

Videos messages about the importance of tree plantation for a better tomorrow were presented by Principal Dr.Anilkumar K, NSS Programme Officers, and various teachers.

https://youtu.be/cCfpEEzQpZA



• Election of Unit Secretaries

Unit secretaries were elected through an online election by the volunteers on 28-07-2021. Abinandana (B.Sc Biochemistry), Vivek (BA Economics were elected as leaders of Unit 153. Abhay (BTTM), Charutha (BTTM) were elected as leaders of Unit 71. Volunteers were groups into five groups and planned the future activities.

• Cheer for India-Tokyo Olympics

To encourage the participants of Tokyo Olympics 2020, volunteers prepared a video wishing them all good luck.

https://youtu.be/EFeCBXKY0Zk

• Yuvavani programme by Akashavani Manjeri FM

Our college was featured in Akashavani Manjeri FM Radio 'Yuvavani' Programme on 01-08-2021 which presented the activities of our college especially NSS during this pandemic. One of our volunteer Sandra Sunil (BA Mass Communication) represented the district in the Akashavani Manjeri FM Radio 'Yuvavani' Programme which presented the activities of NSS Units of Calicut University on 18-07-2021.

https://m.facebook.com/story.php?story_fbid=345926260499102&id=1008219683428 67&sfnsn=wiwspmo





• Volunteers observed Hiroshima day on 06-08-2021 by conducting various competitions for students of the college.



 NSS Units conducted an online cultural night programme on 06-08-2021 and 07-08-2021 from 7 to 8.30 PM. It includes online tasks, games and variety entertainments by the volunteers.



Activities of 11th August to 10th September 2021

• Cleaning programme was conducted in the campus on 10-08-2021 in connection with the inauguration of solar panel.



• The district wise inauguration of 'Azadi ka Amrit Mahotsav' was organised in association with Nehru Yuva Kendra, Wayanad on 13-08-2021. Freedom Run was conducted and an official inauguration session was arranged with the presence of renowned dignitaries. Volunteers started Freedom Run form Prabhath Kavala to Pazhassi Tomb, Mavilamthodu near to Pulpally.







• Volunteers conducted an Inter department Speech competition and group wise debate competition in association with 75th Independence Day 2021 on 14th-15th August 2021.Many students participated in the competitions.



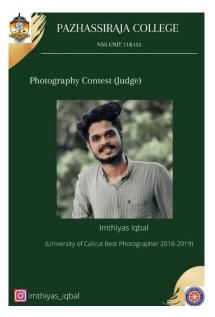
 Volunteers sang National Anthem with the Sing Raashtragaan programme, an initiative of Ministry of Culture in association with 'Azadi ka Amrith Mahotsav' and secured certificates of participation.



• Organised a webinar on 'Say No to Dowry' by the trained NSS volunteers on 15-08-2021 at 7 PM through online platform. 76 volunteers participated in the programme.



• In connection with WORLD PHOTOGRAPHY DAY volunteers organised an intercollegiate Online Photography Contest in the category of Theme and spot photography on 19-08-2021. The event has graced by the presence of many participants from various colleges. Also, the participants were asked to depict the theme `COLOURS OF LIFE ' for theme photography. Around 60 participants sent their entries. Spot photography was held on 19th August 11am to 4pm. About 40 participants their entries. IMTHIYAS IQBAL (Calicut University, Best photographer 2018- 2019) declared the results. Besksy Viju of Nilagiri College of Arts and Science became the winner of theme photography and Athira. M from the department of B Voc. Agriculture won the spot photography.

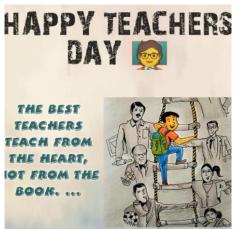


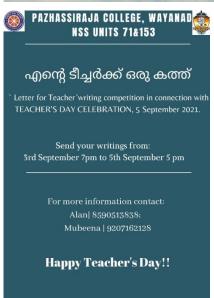


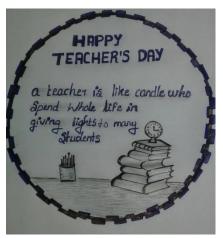
 Onam celebration 'e-ponnonam' was organised on 23-08-2021 at 7 PM by various online games and variety entertainments. The programme came to an end by 8.30 PM. 85 volunteers took part in the event.



- A digital magazine 'AGNI' was released on 30-08-2021 which was prepared to exhibit the works of volunteers in connection with Hiroshima Day 2021.
- Teacher's Day was observed on 05-09-2021 by an online gathering at 7 PM to honour the teachers. Also released a video presentation including the posters designed by the volunteers. A 'Letter to your teacher' competition was also conducted in connection with that day. Volunteers Abhay Jose and Abhinandana Vijayan won the event.









Activities of 11th September to 10th October 2021

 Volunteers helped in the college library book arrangement and cleaned the library on 22-09-2021.





• Volunteers observed NSS Day by planting 250 bamboo saplings near to college ground for ensuring environmental sustainability on 24-09-2021 in connection with the programme 'Go Green-Save Earth'. Principal Dr. Anilkumar K distributed bamboo saplings to the newly admitted students in order to create awareness about environmental conservation. A meeting was conducted to observe NSS day in online mode at 6.30 PM. Fathima Fazna of B Voc Food Science secured the first prize. Principal delivered the message of the day. An online quiz competition was also conducted for the volunteers.









Volunteers observed Gandhi Jayanthi on 02-10-2021 by cleaning their surroundings. An
article writing competition on the importance of cleaning and also a drawing competition for
students was conducted. 78 volunteers participated in the events.









• An online awareness programme 'തിരിക്കെയത്താം കരുതലോടെ' in connection with college reopening was organised and conducted in two batches for all the final year UG students on 03-10-2021 at 2.30 PM and 4.30 PM.





• 15 volunteers were grouped in 3 groups and they monitored whether Covid-19 related safety protocols are properly followed in the campus on 04-10-2021. They made aware the final year students to wear mask and sanitize properly.

https://youtu.be/7XeLpt6c2 c

• Observed postal day on 09-10-2021 by organising 'Letter Memory Challenge' in order to bring back the memories of letter writing.



Activities of 11th October to 10th November 2021

• Wayanad District Legal Service Authority in association with NSS Units organised an awareness class on 'Cyber Laws and Basic Laws for College Students' on 18-10-2021 at 3.00 PM in online mode. Section Officer Smt. Shiji A Rahman welcomed the gathering. Principal Dr.Anilkumar K presided over the function. Sub Judge and Secretary, DLSA Wayanad Sri.Rajesh K inaugurated and the class was taken by Adv.Manoj Kumar. NSS Programme Officer Sri.Koshy C J proposed vote of thanks. 79 volunteers participated in the programme.



NSS Volunteers in association with Bhoomitrasena Club, Dept. of B Voc Agriculture
planted medicinal plants in the campus on 25-10-2021. Students brought various types of
medicinal plants from their houses. Principal Dr.Anilkumar K inaugurated the
programme and CEO Fr.Varghese Kollamavudy planted the saplings. 27 volunteers
participated in the programme.





• An oath taking was organised in connection with National Unity Day on 28-10-2021. 58 volunteers took part in the programme.



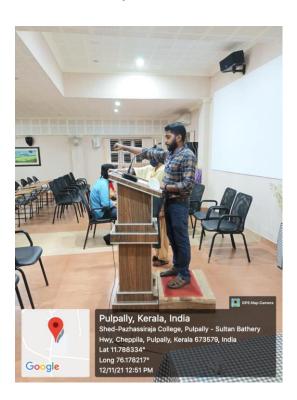
 University Level South Zone Pre RD Selection Camp for Wayanad District was conducted on 03-11-2021 at St.Mary's College, Bathery. 18 volunteers from various colleges in the district participated in the programme. College Principal Dr. John Nooranal inaugurated the function. 2 volunteers from each unit of our college participated in the programme.





Activities of 11th November 2021 to 10th December 2021

• An oath taking was organised as part of legal service week in connection with legal service authority on 12-11-2021. 58 volunteers took part in the programme.





• An oath taking was organised in connection with constitution day on 26-11-2021. 47 volunteers took part in the programme.





 On 1/12/2021 40 volunteers of NSS unit have attend a training session organised by Pulpally Gramapanchayath to conduct a survey inorder to identify financially backward people in Pulpally panchayath.



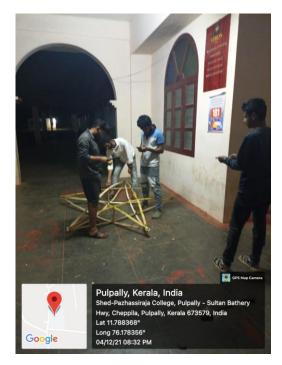
• Campus cleaning activity was conducted on 3rd December 2021. Second year volunteers along with first year students have taken part in cleaning activity. 38 volunteers from second year and 147 first year students have cleaned the college campus.



• NSS volunteers of our college have made a big Christmas star made from eco-friendly products such as bamboo and clothe on 5th December 2021. 7 volunteers have involved in creation of star. It was hanged in the college.







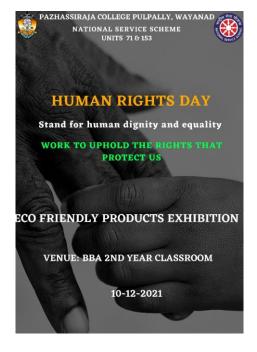
• As part of NSS volunteer day celebration, on 05/12/2021 poster making competition was conducted among first year students. 131 students have participated in poster making competition.



• As part of first year volunteer selection, students were asked to plant trees in their house during the period from December 1 to December 7, 2021. 104 students have planted 250 trees in their houses.



• An exhibition of eco-friendly products on 10/12/2021 was organised by NSS volunteers of our college. It was done as part of Human Rights day celebration. The exhibition was inaugurated by college principal Dr. Anilkumar K. 30 volunteers have actively participated in arranging the exhibition. Eco friendly products were made by our volunteers from waste materials available in their households.









Activities of 11th December 2021 to 10th January 2022

• On 17/12/2021 an orientation programme was given to first year nss volunteers. 107 number of students was selected as NSS volunteers from 230 applications received. 107 volunteers have attended the session. Programme officer Mr. Koshy C J and Dr Tina, Former NSS programme Officer Ms. Neetha Francis handled the orientation programme.



• An oath taking ceremony was conducted on 17/12/2021 as part of nationwide awareness programme of know your constitution. 107 volunteers have attended the session. And also a seminar on topic Know Your Constitution was given to students by Programme officers.



 On 20/12/2021 & 21/12/2021 NSS units of Pazhassiraja college in association with Pulpally grama panchayath have jointly organised data collection programme for identifying very poor people living in Pulpally gramapanchayath. 40 NSS volunteers have gone for data collection from 20 wards in Pulpally panachayath.



 Two volunteers Mr.Amal Alexnder and Ms. Arya V R from NSS has attended the training program on Electoral training session organised by Election Commission of India on 21/12/2021 held at Civil station, Sultan Bathery.



• As part of nationwide awareness programme of know your constitution, Mr. Manoj Mathew, Assistant professor, Department of political science has taken a seminar on topic "Indian

Constitution and Contribution of Dr. B R Ambedkar" on 22/12/2021. 87 volunteers have attended the session.



• As part of seven days NSS special camp, first year volunteers have cleaned the campus and surrounding areas. 107 first year volunteers have participated in the cleaning activity.



• First year volunteers have conducted a collection drive of food materials for 7 days special camp named "Kalavara Niraykal". The collection drive started from 20/12/2021 to 26/12/2021.



NSS SEVEN DAY SPECIAL CAMP - (26/12/2021 to 1/1/2022) <u>JWALA 2K21</u>



- Totally 80 students registered for the camp.
- On 26/12/2021, the camp began with an ice breaking session lead by Mr.Amir Ali former NSS volunteer of Pazhassiraja College Pulpally who is currently practicing as a sociopsychological councilor. The ice breaking session was very effective in breaking the ice and making the volunteers enjoy the rest of the camp as a team. He made the session very interesting with games songs and other activity sessions.



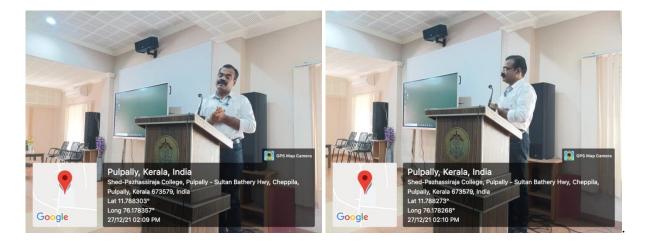
• On 27/12/2021 an exercise session lead by the senior NSS Volunteers Abin Thankachan and Rehan Benny.



• On 27/12/2021 the inaugural ceremony of the NSS special campwas held. Mr. Tony Thomas the programme officer of NSS invited everyone to the inaugural ceremony with his wonderful words. The camp was officially inaugurated by T S Dileep Kumar the Grama Panchayath president of Pulpally. The programme was blessed with presence of Dr. Anil Kumar, Principle of Pazhassiraja College, Shobana Sughu the vice president of Pulpally Grama Panchayath, Fr. Shibin James the barsar of the college, Mr. James Varghese the headmaster of St. George UP School, Dr. Jomet Sebastian Plupally Grama Panchayath ward member, Dr. Joshy Mathew HOD of history and Mr. Biju John the PTA vice president of the college. Ms. Neetha Francis who was the former programme officer of NSS was appreciated and respected during the programme for the greatest achievement she got on the Green Clean Earth Movement. She achieved the Haritha Puraskara Award. The inaugural ceremony was officially concluded with the vote of thanks by Muhammed Muhsin the NSS camp leader.



• On 27/12/2021 at 2 Advocate Mr. K M Manoj has taken a seminar on the cyber crimes happening around as and told how to prevent ourselves from being a prey of it. Also spoke on the safety and security we should assure when we use the social media.



• On 28/12/2021, a yoga session was conducted by Sri. Prabeesh C and Sri. Ajeesh k (Yoga trainers) at chithrasala. Basic practices in yoga was practiced by volunteers.



• On 28/12/2021 a debate based on the topic "GENDER EQUALITY" has conducted. Dr. Rani S Pillai, Assistant Professor, department of history has coordinated the session.



• On 28/12/2021 a session on personality development and life skills was handled by Mr. Jibin Varghese, assistant professor, department of mass communication.



• On 29/12/2021 Mrs. Anu, ICDS officer and Panangandi School councilor has conucted a session on topics awareness class about life skills and impact of IT in current era on personal and psychological aspect of college students.



On 29/12/2021 officers from Sulthan Bathery Fire and Rescue team, who were introduced to the most useful means of primary care in daily life, which lasted from 1.30 pm to 3.30 pm. Station officer Nitheesh Kumar, Ranjith Lal and Anoop conducted a demonstration class on important primary care methods such as CPR.

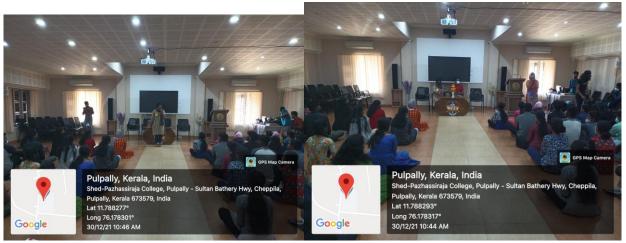


• On 30/12/2021 Mr. Rehan. Benny and Mr. Abin thankachan former NSS, NCC volunteers has conducted the workout session with musical Sumba to our voulnteers.





On 30/12/2021 Ms. Majiya. Kunjayisha, social worker (Iqraa international hospital, Calicut) has conducted the session with different way than previous days. She has conducted very interesting session to improve personality and skills of our volunteers through games and activities.



• On 30/12/2021 Fr.Benny Edayath (Director of Sreyas, Sulthan Bathery) conducted a class on the topic 'SOCIAL WORK and SOCIAL SERVICE'. He told the difference between social work and social service.



On 30/12/2021 Ms. Rijila Nath (NSS Programme officer of Wayanad district) visited the camp and gave a small orientation regarding the NSS Special Camp. She has interacted with students and collected feed from each volunteers regarding camp. She also checked the facilities available and given to students during the special camp.



 On 31/12/2021 Dr. Jose Mathew, assistant professor, Department of Physical education, Kerala veterinary university has taken class on the topic" health. Wellness, fitness and healthy lifestyle".



• On 31/12/2021 Mr. Swarun Sebastian, assistant Professor in commerce gave a motivational talk regarding the difficulties we face in our life and how to deal with courage and achieve our goal in our life, explaining his own life experiences.



 On 31/12/2021 Mr. Sanoopkumar P V conducted an inetractive games session at chithrashala.



- On 31/12/2021 a folksong night session arranged by Dr. Dileep Kumar. The session was handled by the former students of Pazhassiraja College namely Mr. shaji and Mr. Sabu. All the volunteers were invited to sing and dance with them.
- On 1/1/2022 closing ceremony of 7 days NSS special camp was conducted at chithrshala. College Principal Dr. Anil Kumar sir spoke about the experiences he got during the camp. College Bursar Fr.Shibin spoke about the relevance of being an NSS volunteer and good human being in the society. Motivating everyone to be unique from others he concluded his presidential address. Mr.Abdhul Bari, HOD of B.voc department also came forward for the presidential address. Mr.George who played a big role in making the camp successful also came forward for the presidential address. Mr.Koshi CJ, programme officer of NSS, thanked everyone who played a great role in making the camp successful. Expressing the sincere gratitude to all those who became the part of the camp, officially and unofficially the seven day special camp for the NSS volunteers of Pazhassiraja College Pulpally was declared to be over.



• As part of NSS special camp, college campus and nearby areas was cleaned by our volunteers on all days from 26th December 2021 to 1st January 2022.



