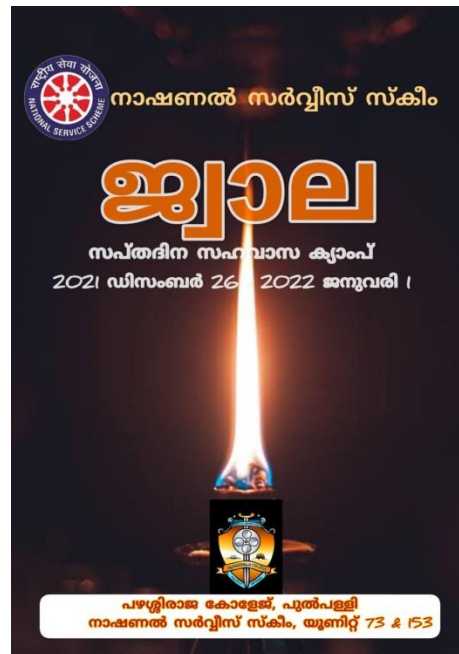




# REPORT OF NSS SPECIAL CAMP 2021-22

PAZHASSIRAJA COLLEGE PULPALLY  
UNIT 71 & 153

VENUE: PAZHASSIRAJA COLLEGE, PULPALLY  
DATE: 26-12-21 TO 1-1-22



## **PREFACE**

Pazhassiraja College, Pulpally, affiliated to University of Calicut conducted its seven days camp ‘JWALA 2K21’ of NSS unit-153 from December 26 2021 to 1<sup>st</sup> January 2022 at Pazhassiraja college, Pulpally. The camp was action packed and captivating with the active participation of selected 80 students under the prudent leadership of various faculty members of the college.

## **ABOUT THE CAMP**

Dr. Joshy Mathew HoD, Department of History, Ms. Smitha Chacko, Assistant Professor, Dept. Microbiology, Ms. Neetha Francis, Assistant Professor, Dept. Of Computer Applications , (former NSS Programme Officers) Mr. Koshy C J Assistant Professor, Dept. commerce and Mr. Tony Thomas Podimattom Assistant Professor, Dept. Physical Education (present NSS Programme Officers) met the Principal Dr. K Anil Kumar and important stakeholders including PTA President and Vice- President of the College, ward members and other influential members of the community. They discussed the plan of organizing special camp at the College Campus. The plan and its utility were appreciated by the members and they agreed for the camp to be organized. After the confirmation was made, a meeting with NSS volunteers was called. In this meeting a brief presentation was made to the volunteers and plan for the camp was discussed. The volunteers excitingly participated in the discussion and planned the roadmap for camp along with guided supervision of Programme Officer. Finally a week long plan for the special camp was chocked out which was as follow:

### **Activity Outline for the camp**

Sl. No.	Day	Date	Activities
1	DAY-1	26-12-21	Camp arrangements, Ice breaking, House visit
2	DAY-2	27-12-21	Inaugural function, College campus cleaning
3	DAY-3	28-12-21	College Ground Cleaning
4	DAY-4	29-12-21	College premises cleaning, Maintenance of

			college ground
5	DAY-5	30-12-21	Cleaning outside college campus
6	DAY-6	31-12-21	Maintenance of college bus waiting and shed and cleaning nearby area
7	DAY-7	1-1-22	Cleaning of college campus, Valedictory function

The camp began with an ice breaking session lead by Mr.Amir Ali former NSS volunteer of Pazhassiraja College Pulpally who is currently practicing as a socio-psychological councilor. The ice breaking session was very effective in breaking the ice and making the volunteers enjoy the rest of the camp as a team. The camp was officially inaugurated by T S Dileep Kumar the Grama Panchayath president of Pulpally. The camp was flourished with the presence of various luminaries and experts from different walks of life. The organizers could conduct various cultural activities and fruitful classes for the camp members.

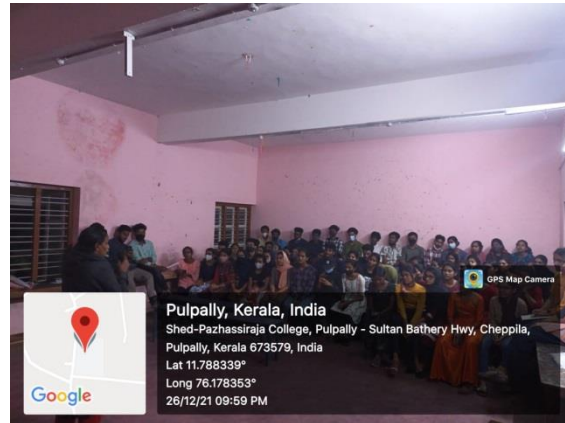
Following are the expatiated day by day report on the seven days camp activities.

#### ***DAY 1- (26/12/2021)***

The commencement day of the camp began at 10 am with registration. All camp members were directed to make arrangements for the seven days camp, which continued till 1 pm. Lunch was supplied to the students at 1pm. Totally 80 students registered for the camp. At 4 pm camp members were distributed tea. In the evening session camp members were given an orientation class on the relevance of NSS camp by Mr. Tony Thomas Podimattom, HOD of Physical Education and Programme Officer of Pazhassiraja college. Immediately after orientation class, the students were divided into five different groups for the smooth conduct of the camp activities. Each group was entrusted with routine daily tasks like work in the kitchen, manual work, cultural, programme, tools & discipline, camp newspaper and so on. This session continued till 6 pm.

The camp began with an ice breaking session lead by Mr.Amir Ali former NSS volunteer of Pazhassiraja College Pulpally who is currently practicing as a socio-psychological councilor. The ice breaking session was very effective in breaking the ice and making the volunteers enjoy the

rest of the camp as a team. He made the session very interesting with games songs and other activity sessions. It was a great experience for all the NSS volunteers who came with great anxiety. After the ice breaking session everyone went to have their dinner prepared by the group no. 3. Lead by the volunteers Abhinadhana Vijayan and Abhijith P.G. After the dinner everyone was invited to enjoy the cultural night at 9 PM. Each group presented variety of cultural programmes and everyone including the teachers enjoyed it.



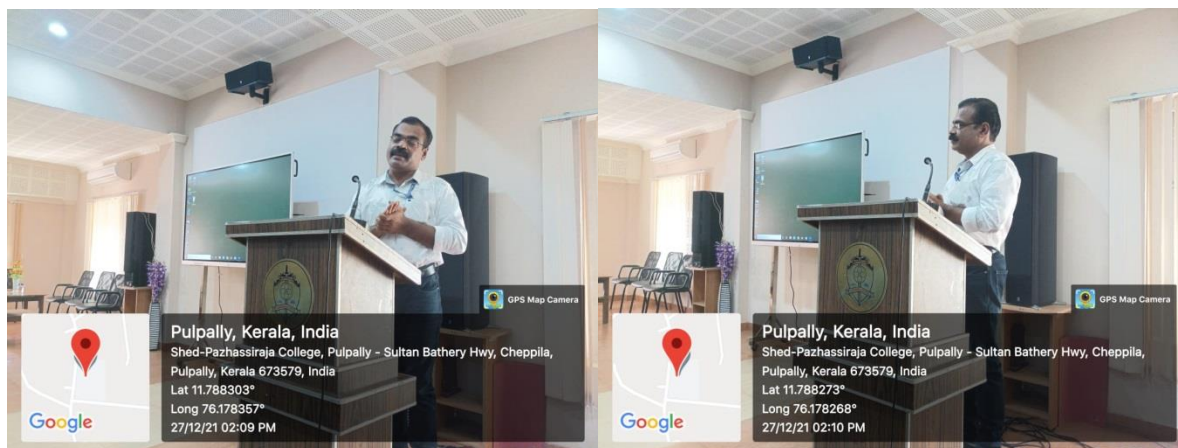
### **DAY 2 (27/12/2021)**

The first morning of the camp day 2 was begun with a cup of tea at 6. Then we conducted a morning assembly at 6:30. Assembly began with the NSS anthem. The camp newspaper was presented by the group no.5. After the camp news reading there was an exercise session lead by the senior students Abin Thankachan and Rehan. The assembly was followed by a cleaning session at 7:30 ended at 8: 15. Everyone had their breakfast at 8:30.

Then the most important programme was held, the inaugural ceremony of the NSS special camp, began sharp at 10am. Mr.Tony Thomas the programme officer of NSS invited everyone to the inaugural ceremony with his wonderful words. The camp was officially inaugurated by T S Dileep Kumar the Grama Panchayath president of Pulpally. The programme was blessed with presence of Dr. Anil Kumar, Principle of Pazhassiraja College, Shobana Sughu the vice president of Pulpally Grama Panchayath, Fr. Shibin James the bursar of the college, Mr. James Varghese the headmaster of St.George UP School, Dr. Jomet Sebastian Plupally Grama Panchayath ward member, Dr. Joshy Mathew HOD of history and Mr. Biju John the PTA vice president of the college. Ms. Neetha Francis who was the former programme officer of NSS was appreciated and respected during the programme for the greatest achievement she got on the Green Clean Earth Movement. She achieved the Haritha Puraskara Award. The inaugural ceremony was officially concluded with the vote of thanks by Muhammed Muhsin the NSS camp leader.

The volunteers had their lunch at 12:30. The noon session began at 2 which was lead by Advocate MR. Manoj. He is currently working as the member of cyber security cell. He gave enlightenment on the cyber-crimes happening around as and told how to prevent ourselves from being a prey of it. Also spoke on the safety and security we should assure when we use the social media. The volunteers had their tea at 4 in the evening. At 4:30 to 6:30 the volunteers were asked to go for the common work mainly cleaning the main ground. After the work the volunteers went for shower and summoned in the canteen for their dinner at 8. The cultural programme began sharp at 9 and ended by 10. The volunteered went to bed at 10:30.



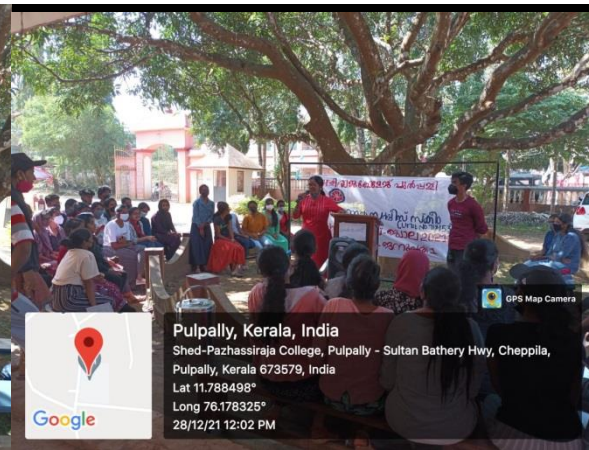
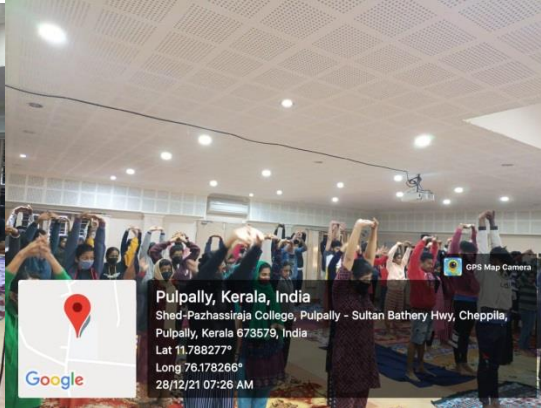
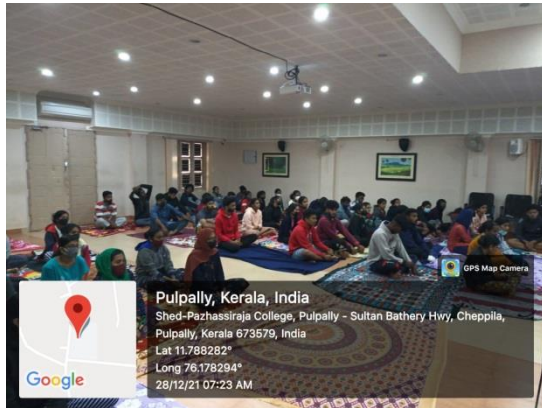


### **DAY 3 (28/12/2021)**

Third day of the Jwala refreshed with the morning tea provided by food committee 'dheeksha' at 6.00 am. All the NSS volunteers assembled in the ground at 6.30 am, assembly conducted by the group Asthra. Group honesto's news paper was released by NSS Programme Officer Sri. Koshy C J, NSS Programme Officer. After the feedback section the assembly dispersed at 7.10 am. Workout section is yoga, conducted by Sri. Prabeesh and Sri. Ajeesh at chithrasala. Kumari. Siya, member of the group 'connectia' had introduced the guests.

All the volunteers had breakfast at 8.30 am at the canteen. Menu for the day. A debate based on the topic "GENDER EQUALITY" has conducted by team connectia, the presence of Dr. Rani S Pillai, Assistant Professor, Department of History made the debate very interesting, all the volunteers participated very active. Camp take a lunch break from 12 .30 pm to 2 pm .

A session on life and wellness was handled by sri . Jibin Varghese, Assistant Professor, Department of Mass communication. Presence of sri. Dileep kumar sir gifted a different experience to the volunteers. Volunteers went to the ground for cleaning with tools. Almost two hours they worked there. Food committee arranged drinking water to the volunteers in between the cleaning session. The work has complete at 6.00pm. All the volunteers spent their time from 6.00 pm to 7.30 pm for refreshing. Team 'dheeksha' serve a tasty dinner to the camp members. The cultural programme conducted by the team Agni was mind refreshing and enjoyable .All the volunteers prove their talent in the programme .Senior student Kumari. Sruthi, who was a guest performed and it gave amazing energy to the camp.



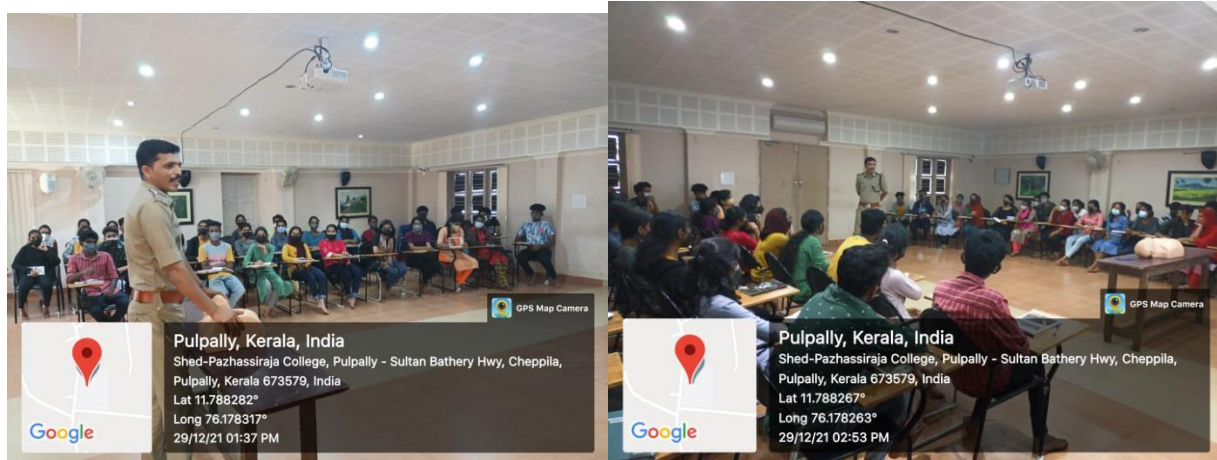
### DAY 4 (29/12/2021)

The fourth day of the seven day special camp at Pulpally Pazhassiraja College started with an exercise session by Mr. Tony Thomas, Hod Department of Physical Education, NSS programme officer of the college. The morning session was handled by Kalpetta ICDS officer and Panamngandi school counselor, Mrs Anu led an awareness class about life skills was held from 10.30 am to 1.30 pm.. The session was reviewed very effective and inspirational by all the volunteers. Volunteers had their lunch at 1:30. The noon session The class was led by 3 officers from Sulthan Bathery Fire and Rescue team, who were introduced to the most useful means of primary care in daily life, which lasted from 1.30 pm to 3.30 pm. Station officer Nitheesh Kumar, Ranjith Lal and Anoop conducted a demonstration class on important primary care methods such as CPR.

Volunteers went to the ground for cleaning with tools at 4 pm. Almost two hours they worked there. Food committee arranged drinking water to the volunteers in between the cleaning session. The work has complete at 6.00pm. All the volunteers spent their time from 6.00 pm to 7.30 pm for refreshing Evening section cultural program started at 8.00 pm, in the presence of Miss Thara, head of self-finance department, Pazhassiraja College. The night's cultural program ended with a congratulatory address by principal Dr. Anil Kumar and vice principal Dr. Dileep. The third day ended with a one-day final mark presentation after a meeting of camp leaders, group leaders and program officers.







### **DAY -5 (30/12/2021)**

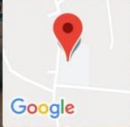
On day 5, Group connexion have canteen duty, they make tea and provide at 6:00 am. The group dheeksha conducted the assembly, Mr. Alan Alex, group leader of 'dheeksha' has led the assembly. Mr. Koshy .C.J , programme officer gave instruction to the volunteers for the day. The News paper was released by the camp leader Mr. Adarsh .A.S. Group Leaders told previous day's feedback. Mr. Rehan. Benny and Mr. Ebin conducted the workout session with musical Sumba, it was very interesting to the volunteers. Group connexion served us uppma and greenpeas curry .

Ms. Majiya. Kunjayisha, social worker (Iqraa international hospital, Calicut) has conducted the session with different way than previous days. It was very interested for all NSS volunteers. The sessions made them more energetic. The session contained interesting games and activities .She told how should be a NSS volunteer to be. The lunch time started in 12:30 pm and extended up to 1:30 pm. Fr. Benny Edayath (Director of Sreyas, Sulthan Bathery) conducted a class on the topic 'SOCIAL WORK and SOCIAL SERVICE'. He told the difference between social work and social service. It was very informative class. He sponsored ice cream for each and every volunteer. The tea time was from 3:30pm to 4:00pm. Ms. Rijila(NSS Programme officer of Wayanad district ) visited the camp and gave directions to the volunteers .

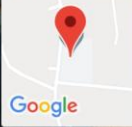
During the activity session the volunteers cleaned the entrance of the college. Programme officers Mr. Koshy sir and Mr. Tony sir gave directions to us . Each group did their works perfectly without any delay. The canteen committee arranged the drinking water in between the work. We completed the work at 6:00 pm. At 6:00 everyone went to have their shower. At 7:00 all the volunteers had a different kind of dinner experience arranged by the group "conexian" namely the candle light dinner. Everyone gave good reviews about the dinner experience. Teachers and other staff members of the college were invited to the dinner. They also expressed their satisfaction and experience of the candle night dinner. The dinner was very well beatified

by the songs sung by the group members who arranged the dinner. In short the candle light dinner was very a very different experience for all who came. After the dinner everyone including the volunteers and the guests were invited to enjoy the culturan night arranged by the group “honesto” at 8:00. The cultural night was very well arranged and everyone enjoyed it very well. Every group assured their active participation in the programme. Mr. Abdhul Baris, HOD of the department of B.Voc and Mr.Sanoop shared their reviews about the cultural night. The cultural night was concluded with the evaluation session at 10:00. All the volunteers went to their bed at 10:30.

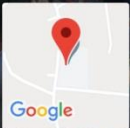




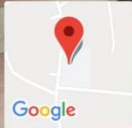
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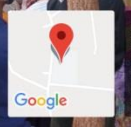
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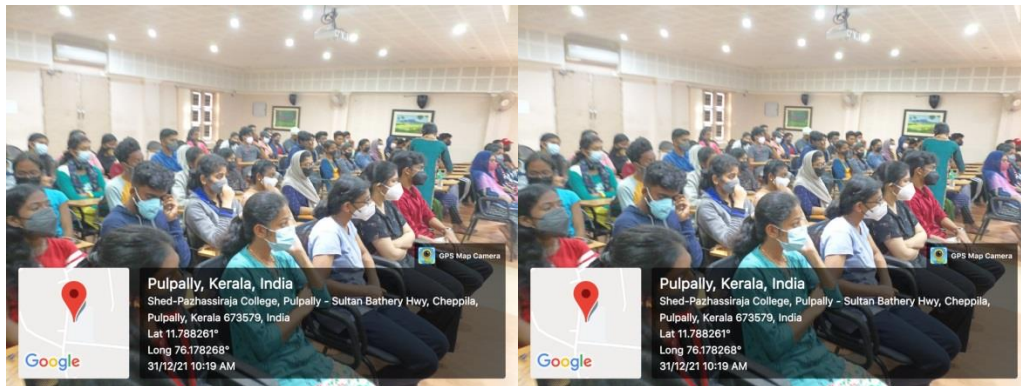
### DAY -6 (31/12/2021)

All the volunteers woke up sharp at 6:00 and had their tea and gathered for the morning assembly at 6:30. During the morning assembly the exercise session was lead by our dear volunteers AbhayJose and Ajesh R. the exercise session was done with the zoomba dance. After the morning assembly their was a time for games, and the girls were allowed to play basketball, the boys football. After the game session everyone went to have their breakfast. Today's breakfast was very well prepared by the group "Honesto".

The first morning session was done on the topic" health. Wellness, fitness and healthy lifestyle" at 10:00 by Dr. Jose Mathew. The session was reviewed very informative by all the volunteers. At 12:00 there was a cleaning session for all the volunteers. Each group was allotted to clean different parts of the college compound. At 1:00 everyone went to have their lunch. At 2:00 there was the second session by Mr. Swarun Sebastian , Asst. Professor in commerce. The session was indented to give a motivation for all of us to face the difficulties if our life with courage and achieve our goal in our life, explaining his own life experiences. During the session some volunteers were invited to sing a song and the professor himself sung during the session. The session was reviewed very inspirational by all the volunteers.

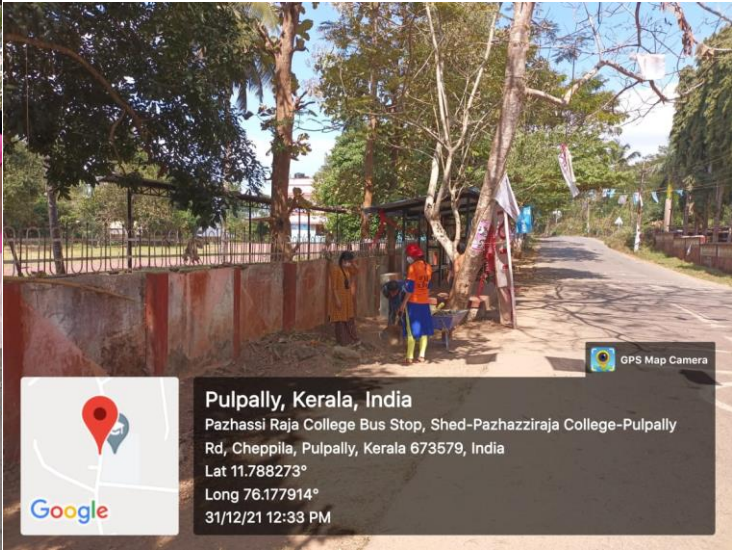
The third session was lead by Mr. Sanoop Kumar P V Asst. Professor in Tourism. The session was a game session which became refreshment for all the volunteers. After the noon session everyone were send to prepare the programme for the evening cultural night and the camp fire. The volunteers had Payasam during the time of tea and everyone enjoyed it very well. After the tea the preparations for the camp fire continued till 6:00 and everyone went for their shower. The cultural night began sharp at 6:30 and all the groups presented different programmes from their group. The cultural night was ended sharp at 7:30. The supper was prepared after the cultural night and everyone enjoyed it very well. After the supper there was a folksong night session arranged by our professor Dileep Kumar. The session was handled by the former students of Pazhassiraja College namely Mr. shaji and Mr. Sabu. All the volunteers were invited to sing and dance with them. All of us enjoyed the session very well.

Then the camp fire was arranged for all the volunteers. Different cultural programmes were prepared and presented during the campfire. The camp fire was compared by the volunteers Anuja and Joice. the highlighted programme was the song by Mr. Swarun Sebastian. The senior volunteer Rehan did a wonderful dance during the camp fire. During the camp fire we invited the New Year by cutting the New Year cake. The Principal Dr, Anil Kumar sir was invited to cut the cake. After the cake cutting there was a DJ dance session arranged for the volunteers. Everyone invited the New Year with song and dance. Many of the teaching and non-teaching staffs were presented during the campfire. The camp fire was ended sharp 10:00. All the volunteers went to bed by 10:30.



### **Cleaning activity from 26/12/2021 to 1/1/2022**

As part of NSS special camp, college campus and nearby areas was cleaned by our volunteers on all days from 26<sup>th</sup> December 2021 to 1<sup>st</sup> January 2022. The Volunteers of NSS units have undertaken mainly three activities in this special camp. They have cleaned the college campus. Volunteers also have arranged a debate corner which can be used to conduct debate competitions. They have also cleaned the college ground and improved its current infrastructure. Along with that they have done maintenance work of college bus waiting shed and also cleaned the surrounding areas.



## DAY -7 (1/1/2022)

All the volunteers woke sharp at 6:00 and had their morning tea. At 6:30 everyone came together for the assembly. The previous day's evaluation and newspaper presentation was done during the time of the assembly. There was no exercise session for the volunteers today. After the morning assembly all the volunteers went for the cleaning activity. Everyone rearranged the given halls and rooms and made the campus neat and tidy. Volunteers had their breakfast sharp at 8:30. After the breakfast there was an opportunity for all the volunteers to review the whole camp individually and share their experiences to all. Each volunteers spoke about the camp and their experiences during the seven day camp. After the review session, the Members cleaned the whole premises of the camp till 12.30 pm. Students went to the nearest houses and thanked them for their support. After lunch, by 2 pm valedictory function of the fruitful seven days camp started. Camp evaluation was also conducted by the volunteers.

The Closing Ceremony started with NSS song 2 p.m. Second year volunteer Ahsana invited everyone to the ceremony. College Principal Dr. Anil Kumar sir spoke about the experiences he got during the camp. College Bursar Fr.Shibin spoke about the relevance of being an NSS volunteer and good human being in the society. Motivating everyone to be unique from others he concluded his presidential address. Mr.Abdhul Bari, HOD of B.voc department also came forward for the presidential address. Mr.George who played a big role in making the camp successful also came forward for the presidential address. Mr.Koshy CJ, programme officer of NSS, thanked everyone who played a great role in making the camp successful. Expressing the sincere gratitude to all those who became the part of the camp, officially and unofficially the seven day special camp for the NSS volunteers of Pazhassiraja College Pulpally was declared to be over.

Volunteers were very happy and thankful for unique experience. Volunteers took enthusiastic hard work during the whole seven days, making the special camp a grant success.

