



# **REPORT OF NSS SPECIAL CAMP 2022-23**

# PAZHASSIRAJA COLLEGE PULPALLY UNIT 71 & 153

VENUE: St. George A. U. P School, Pulpally DATE: 25-12-22 TO 31-12-22



## **PREFACE**

Pazhassiraja College, Pulpally, affiliated to University of Calicut conducted its seven days camp 'KOODE 2K22' of NSS unit 71 & 153 from December 25 2022 to 31<sup>st</sup> December 2022 at St. George A. U. P School, Pulpally. The camp was action packed and captivating with the active participation of selected 72 students under the prudent leadership of various faculty members of the college.

#### ABOUT THE CAMP

Dr. Joshy Mathew HoD, Department of History, Ms. Smitha Chacko, Assistant Professor, Dept. Microbiology, Ms. Neetha Francis, Assistant Professor, Dept. Of Computer Applications, Mr. Tony Thomas Podimattom Assistant Professor, Dept. Physical Education (former NSS Programme Officers) Mr. Koshy C J Assistant Professor, Dept. commerce and Mr. Amal Marcus Assistant Professor, Dept. Economics (present NSS Programme Officers) met the Principal Dr. Abdul Bari K.K and important stakeholders including PTA President and Vice-President of the College, ward members and other influential members of the community. They discussed the plan of organizing special camp at St. George A. U. P School, Pulpally. The plan and its utility were appreciated by the members and they agreed for the camp to be organized. On 21/12/2022 a meeting as conducted at St. George A U P School for forming welcome committee for the camp. It was decided to start the camp from 25<sup>th</sup> December. School authorities have requested us to create a vegetable garden, flower garden and ward member has requested us to clean the nearby areas near to school premises. After the confirmation was made, a meeting with NSS volunteers was called. In this meeting a brief presentation was made to the volunteers and plan for the camp was discussed. The volunteers excitingly participated in the discussion and planned the roadmap for camp along with guided supervision of Programme Officer. Finally a week long plan for the special camp was chocked out which was as follow:

## **Activity Outline for the camp**

Sl. No.	Day	Date	Activities
1	DAY-1	25-12-22	Camp
			arrangements, Ice
			breaking
2	DAY-2	26-12-22	Inaugural
			function, School

			campus cleaning,
			Kalavara
			Niraykal
			Programme
3	DAY-3	27-12-22	Vegetable
			Gardening
4	DAY-4	28-12-22	Vegetable
			Gardening,
			Maintenance of
			School ground
5	DAY-5	29-12-22	Cleaning outside
			School campus,
			Vegetable
			Gardening
6	DAY-6	30-12-22	Colony visit, Anti
			Drug Awareness
			programme,
			Vegetable
			Gardening
7	DAY-7	31-12-22	Cleaning of
			School campus,
			Valedictory
			function

The camp began with an ice breaking session lead by Mr.Rajesh V R and Mr. Jibin Varghese, who are currently practicing as a socio-psychological councilor. The ice breaking session was very effective in breaking the ice and making the volunteers enjoy the rest of the camp as a team. The camp was officially inaugurated by T S Dileep Kumar the Grama Panchayath president of Pulpally. The camp was flourished with the presence of various luminaries and experts from different walks of life. The organizers could conduct various cultural activities and fruitful classes for the camp members.

Following are the expatiated day by day report on the seven days camp activities.

#### DAY 1- (25/12/2022)

The commencement day of the camp began at 10 am with registration. All camp members were directed to make arrangements for the seven days camp, which continued till 1 pm. Lunch was supplied to the students at 1pm. Totally 72 students registered for the camp. At 4 pm camp members were distributed tea. In the evening session camp members were given an orientation class on the relevance of NSS camp by Mr. Koshy C J Assistant Professor, Dept. commerce and Mr. Amal Marcus Assistant Professor, Dept. Economics NSS Programme Officers of Pazhassiraja college. Immediately after orientation class, the students were divided into five different groups for the smooth conduct of the camp activities. Each group was entrusted with routine daily tasks like work in the kitchen, manual work, cultural, programme, tools & discipline, camp newspaper and so on. This session continued till 6 pm.

The camp began with an ice breaking session lead by Mr.Rajesh V R and Mr. Jibin Varghese, who are currently practicing as a socio-psychological councilor. The ice breaking session was very effective in breaking the ice and making the volunteers enjoy the rest of the camp as a team. He made the session very interesting with games songs and other activity sessions. It was a great experience for all the NSS volunteers who came with great anxiety. After the ice breaking session everyone went to have their dinner prepared by the group no. 3. After the dinner everyone was invited to enjoy the cultural night at 9 PM which was organised by group 2. Each group presented variety of cultural programmes and everyone including the teachers enjoyed it.





## DAY 2 (26/12/2022)

The first morning of the camp day 2 was begun with a cup of tea at 6. Then we conducted a morning assembly at 6:30. Assembly began with the NSS anthem. The camp newspaper was presented by the group no.5. group 6 gave the thought of the day. After that volunteers were sent to the college ground for cleaning under direction of group 4. The assembly was followed by a cleaning session at 7:30 ended at 8: 15. Everyone had their breakfast at 8:30.

After breakfast, at 9.30 all volunteers were called together and sent to nearby houses for inviting them to the camp and also collecting vegetables from households. The volunteers returned at 12.30 and they had their lunch at 1 p.m.

Then the most important programme was held, the inaugural ceremony of the NSS special camp, began sharp at 2 p.m. Mr.Koshy C J, the programme officer of NSS invited everyone to the inaugural ceremony with his wonderful words. The camp was officially inaugurated by T S Dileep Kumar the Grama Panchayath president of Pulpally. The programme was blessed with presence of Mr. Abdul Bari K K, Principle of Pazhassiraja College, Ms. Usha Baby, ward member of Pulpally Grama Panchayath, Mr. James Varghese the headmaster of St.George UP School, Dr. Jomet Sebastian Plupally Grama Panchayath ward member and Mr. Shaji E.V the PTA vice president of the college. The inaugural ceremony was officially concluded with the vote of thanks by Mr. Amal Marcus Assistant Professor, Dept. Economics NSS Programme Officer.

The volunteers had their tea at 4 in the evening. At 5:30 pm to 6:30 the volunteers attended a motivational talk by Mr. Sanoopkumar P.V, Assistant Professor, Pazhassiraja College. Students have actively participated the game oriented session. After the session the volunteers went for shower and summoned in the canteen for their dinner at 8. The cultural programme began sharp at 9 and ended by 10. The presence of college principal Mr. Abdul Bari K K was there throughout the cultural night. The volunteered went to bed at 10:30.





## DAY 3 (27/12/2022)

Third day of the Koode 2k22 refreshed with the morning tea provided by food committee group 1 at 6.00 am. All the NSS volunteers assembled in the ground at 6.30 am , assembly conducted by the group 4 and the newspaper was released by Mr. James Varghese the headmaster of St.George UP School. Thought of the day was given by group 5 members. After the feedback section the assembly dispersed at 7.10 am. Soon after that Zumba dance was organised by group 4. After that students went for cleaning up the school ground.

All the volunteers had breakfast at 9 am. From 9.30 am to 12.30 pm, the students were sent to nearby field for setting up a vegetable garden. Volunteers went to the field with tools. Almost two hours they worked there. Food committee arranged drinking water to the volunteers in between the cleaning session. The work was completed at 12.30pm. The volunteers completed the assigned works and gathered for lunch at 1 p.m

At 1 pm, the students had lunch which was prepared by group 1. At 2 pm, Excise Officer Mr. Baburaj V.R conducted a session on the topic "use of drugs and narcotics". Presence of sri. Mr. Baburaj V.R sir gifted a different experience to the volunteers. At 4 pm, students had evening tea and snacks. After evening tea from 5.30 pm, Ms. Rani S Pillai, NCC officer, Pazhassiraja College conducted yoga training session for our volunteers at the school premises.

All the volunteers spent their time from 7.00 pm to 8.30 pm for refreshing. Groups 1 serve a tasty dinner to the camp members. The cultural programme conducted by the group 6 was mind refreshing and enjoyable. The presence of college CEO Fr. Varghese Kollamavudy

was there throughout the cultural night. All the volunteers prove their talent in the programme and it gave amazing energy to the camp.







## DAY 4 (28/12/2022)

The fourth day of the Koode 2k22 refreshed with the morning tea provided by food committee group 6 at 6.00 am. All the NSS volunteers assembled in the ground at 6.30 am, assembly conducted by the group 4 and the newspaper was prepared by group 3 and it was released by NSS Programme Officer. Sri. Amal Marcus, NSS Programme Officer. Thought of the day was given by group 4 members. After the feedback section the assembly dispersed at 7.10 am. After that students went for cleaning up the school ground.

All the volunteers had breakfast at 9 am. From 9.30 am to 12.30 pm, the students were sent to nearby field for setting up a vegetable garden. Volunteers went to the field with tools. Almost two hours they worked there. Food committee arranged drinking water to the volunteers in between the cleaning session. The work has completed at 12.30pm. The volunteers completed the assigned works and gathered for lunch at 1 p.m

At 1 pm, the students had lunch which was prepared by group 6. At 2 pm, Mr. Rajesh Kumar, Special Village Officer has conducted a session on the topic "election". The students came to know how election as conducted, what are the rules to be followed and there was also an interactive session to clear the doubts of the students. The team consist of three members and they conducted various games among volunteers which ensured the active participation of students throughout the session. At 4 pm, students had evening tea and snacks. After evening tea from 5.30 pm, Mr. Jishnu K Nair, Assistant professor, Pazhassiraja College conducted debate and interactive session for our volunteers.

All the volunteers spent their time from 7.00 pm to 8.30 pm for refreshing. Group 6 serve a tasty dinner to the camp members. The cultural programme conducted by the group 5 was mind refreshing and enjoyable. During cultural programme, At 9. Pm, Dr Anzar, State level NSS coordinator has visited the camp and had an interaction with our volunteers. All the volunteers prove their talent in the programme and it gave amazing energy to the camp. Ms. Smitha Chacko, former NSS programme officer have attended the cultural night. Group 1 members won the competition in 4<sup>th</sup> day cultural programme.







**DAY -5 (29/12/2022)** 

The fifth day of the Koode 2k22 refreshed with the morning tea provided by food committee group 5 at 6.00 am. All the NSS volunteers assembled in the ground at 6.30 am , assembly conducted by the group 3 and the newspaper was prepared by group 4 and it was released by NSS Programme Officer Sri. Koshy C J, NSS Programme Officer. Thought of the day was given by group 3 members. After the feedback section the assembly dispersed at 7.10 am. After that students went for cleaning up the school ground.

All the volunteers had breakfast at 9 am. From 9.30 am to 12.30 pm, the students were sent to nearby field for setting up a vegetable garden and also they cleaned school campus. They also created a garden for the school students. Volunteers went to the field with tools. Almost two hours they worked there. Food committee arranged drinking water to the volunteers in between the cleaning session. The work has complete at 12.30pm. The volunteers completed the assigned works and gathered for lunch at 1 p.m

At 1 pm, the students had lunch which was prepared by group 5. At 2 pm, Adv. C. V. George, Retired Sub Inspector of Police, has conducted a session on the topic "Drug abuse". The session was conducted in association with Mr. Radhakrishnan, Coordinator, District leag service Authority. The students came to know the ill effects of drug usage, punshments and health issues of usage of drugs and there was also an interactive session to clear the doubts of the students. At 4 pm, students had evening tea and snacks. After evening tea from 5.30 pm, Mr. Swarun Sebastian, Assistant professor, Pazhassiraja College conducted interactive session on topic "Sex Education".

All the volunteers spent their time from 7.00 pm to 8.30 pm for refreshing. Group 5 serve a tasty dinner to the camp members. The cultural programme conducted by the group 4 was mind refreshing and enjoyable .All the volunteers prove their talent in the programme and it gave amazing energy to the camp. Teachers of our college Mr. Swarun Sebastian, Ms. Renju Thomas, Mr. Jishnu K Nair, Ms. Josena K Joseph has viewed the cultural night programme.







## DAY -6 (30/12/2022)

The sixth day of the Koode 2k22 refreshed with the morning tea provided by food committee group 4 at 6.00 am. All the NSS volunteers assembled in the ground at 6.30 am , assembly conducted by the group 6 and the newspaper was prepared by group 1 and it was released by NSS Programme Officer Sri. Amal Marcus, NSS Programme Officer. Thought of the day was given by group 6 members. After the feedback section the assembly dispersed at 7.10 am. After that students went to tribal colony visist – Priya darshini Colony. Students conducted an anti-drug awareness campaign at the colony and they distributed cakes and sweets among people who stayed there.

All the volunteers had reached back at 10 am and had breakfast. From 10.30 am to 1 pm, the students were sent to nearby field for setting up a vegetable garden and also they cleaned school campus. They also created a garden for the school students. Volunteers went to the field with tools. Almost two hours they worked there. Food committee arranged drinking water to the volunteers in between the cleaning session. The work has complete at 1 pm. The volunteers completed the assigned works and gathered for lunch at 1 p.m

At 1 pm, the students had lunch which was prepared by group 5. At 2 pm, Mr. Gangadharan, Environmental Activists, has conducted a session on the topic "Nature and its importance". The students came to know the importance of protecting our nature, issues of deforestation and there was also an interactive session to clear the doubts of the students. At 4 pm, students had evening tea and snacks. After evening tea from 5.30 pm, the students cleaned classrooms and school premises.

All the volunteers spent their time from 7.00 pm to 8.30 pm for refreshing. Group 4 serve a tasty dinner to the camp members. The cultural programme conducted by the group 3 was mind refreshing and enjoyable .All the volunteers prove their talent in the programme and it gave amazing energy to the camp. Teachers of our college Lt. Dr. Rani S pillai, Dr. Joshy Mathew has viewed the cultural night programme.

Then the camp fire was arranged for all the volunteers. Different cultural programmes were prepared and presented during the campfire. During the camp fire we invited the New Year by cutting the New Year cake. Fr. Varghese Koolammavudy, CEO, Pazhassiraja College was invited to cut the cake. Many of the teaching and non-teaching staffs were presented during the campfire. The camp fire was ended sharp 10:00. All the volunteers went to bed by 10:30.









## Vegetable Gardening and Cleaning Activity from 25/12/2022 to 31/12/2022

As part of NSS special camp, School campus and nearby areas was cleaned and vegetable garden was setup by our volunteers on all days from 25<sup>th</sup> December 2022 to 31<sup>st</sup> December 2022. The Volunteers of NSS units have undertaken mainly three activities in this special camp. They have created a vegetable garden, flower garden and cleaned the school campus. They have also cleaned the school ground and improved its current infrastructure. Along with that they also cleaned the surrounding areas.



## **DAY -7 (31/12/2022)**

All the volunteers woke sharp at 6:00 and had their morning tea. At 6:30 everyone came together for the assembly. The previous day's evaluation and newspaper presentation was done during the time of the assembly. There was no exercise session for the volunteers today. After the morning assembly all the volunteers went for the cleaning activity. Everyone rearranged the given halls and rooms and made the school campus neat and tidy. Volunteers had their breakfast sharp at 8:30. After the breakfast there was an opportunity for all the volunteers to review the whole camp individually and share their experiences to all. Each volunteers spoke about the camp and their experiences during the seven day camp. After the review session, the Members cleaned the whole premises of the camp till 12.30 pm. Students went to the nearest houses and thanked them

for their support. After lunch, by 2 pm valedictory function of the fruitful seven days camp started. Camp evaluation was also conducted by the volunteers.

The Closing Ceremony started with NSS song 2 p.m. College CEO Fr. Varghese Kollammavudy spoke about the experiences he got during the camp. He spoke about the relevance of being an NSS volunteer and good human being in the society. Motivating everyone to be unique from others he concluded his presidential address. Dr. Joshy Mathew, IQAC Coordinator, Pazhassiraja College, Pulpally also came forward for felicitation. Mr. Koshy CJ and Mr. Amal Marcus, programme officers of NSS, thanked everyone who played a great role in making the camp successful. Expressing the sincere gratitude to all those who became the part of the camp, officially and unofficially the seven day special camp for the NSS volunteers of Pazhassiraja College Pulpally was declared to be over.

For the remembrance of camp days, the students have planted a jack fruit tree in the campus premises.

Volunteers were very happy and thankful for unique experience. Volunteers took enthusiastic hard work during the whole seven days, making the special camp a grant success.



## Geo Tagged Photos of the Special camp Activities (2022-23)































































