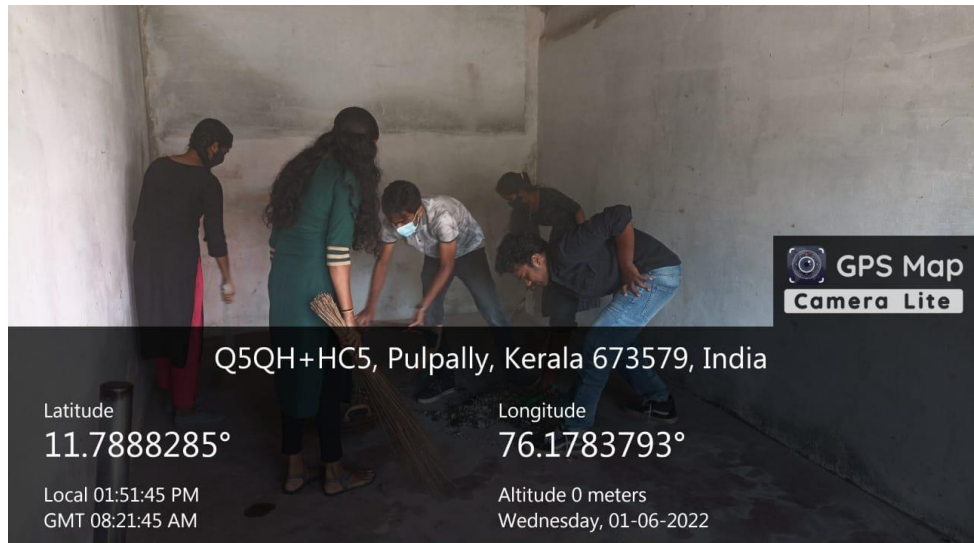


**ANNUAL REPORT**  
**2022-23**  
**National Service Scheme**  
**Unit No. 71 & 153**  
**Pazhassiraja College, Pulpally**

**June 2022**

- On 01/06/2022 Nss volunteers of our college have cleaned campus and premises as part of college reopening. The work was divided among 107 NSS volunteers. One group has cleaned the campus while other group helped to clean class rooms.



- On June 5, 2022 as part of world environment day, NSS volunteers have cleaned their house premises and planted plant saplings in their home. 120 plants were planted by the volunteers.



- 
- On June 19, 2022 as part of national reading day, an e-magazine was decided to publish by NSS units of our college. Literary works from students in our college was collected and E-magazine was published on 30<sup>th</sup> June, 2022.



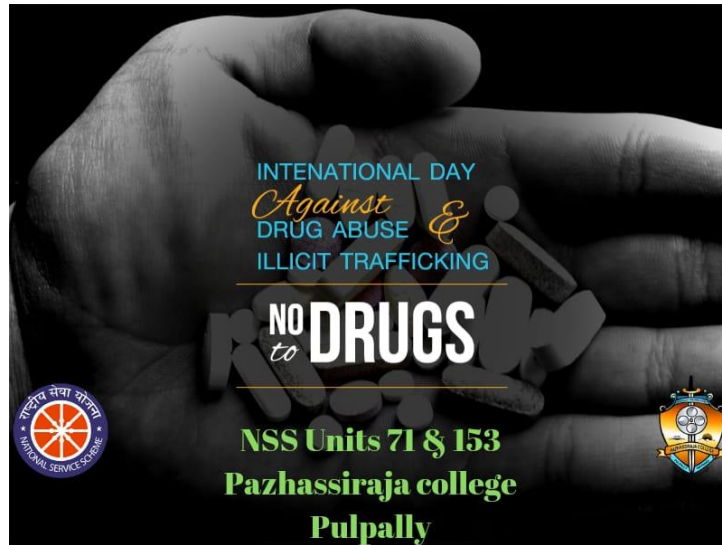
- As part of international yoga day, on 21<sup>st</sup> June, 2022 the NSS units of our college has organised a webinar on topic Yoga: Body of Balance and Mind. Mr. Prabeesh Sreedhari has conducted the class. He talked about the importance of yoga in daily life and how it fills positive energy. After

the seminar, yoga practice session was conducted for our students. 57 students have attended the session.

- On June 22, 2022 a seminar was organised as part of world elder abuse awareness day. The seminar was on topic : the maintenance and welfare of parents and senior citizens act, 2007. It was organised by NSS in association with senior citizen governance council and legal service society, kalpetta. The program was inaugurated by panchayath president T S Dileepkumar . the session a handled by Adv. V M joy, district public prosecutor, Wayanad. 87 NSS volunteers have attended the seminar.

- on 26<sup>th</sup> June, 2022 NSS units of our college has created an awareness regarding drug abuse and illicit trafficking as part of international day against drug abuse and illicit trafficking. Digital

posters was created and shared among students of our college to create awareness regarding drug abuse and illicit trafficking.



- On 27<sup>th</sup> June, 2022 a seminar was conducted by NSS units of our college on topic drug abuse and addiction, in association with Kerala excise department and department of mass communication. 71 volunteers have attended the session. The session was handled by Mr. Nicolas, Civil Excise officer, Sultan bathery.




- On 29<sup>th</sup> June, 2022 a farewell programme was arranged by NSS volunteers to bid adieu to principal Dr. Anil Kumar K, for his 27 years of service. A memento was gifted by volunteers to the principal. The program was coordinated by former NSS volunteers. Ms. Neetha Francis and Ms. Smitha Chacko (former NSS PO's) have attended the programme.




## JULY 2022

- On July 2, 2022, as part of World Sports Journalist Day celebration, NS units of our college have conducted an online essay competition among our students in our college. 27 students have submitted essays on the topic: influence of sports journalism on public. The essay submitted by Ms. Mubashira P M, department of microbiology, has won the prize.

[https://docs.google.com/forms/d/e/1FAIpQLSeyeH\\_\\_tQRFLcFfDq-x44JwSjSVJjQUgmA\\_OdJxZHV-mqqmIw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSeyeH__tQRFLcFfDq-x44JwSjSVJjQUgmA_OdJxZHV-mqqmIw/viewform?usp=sf_link)



**NSS UNITS 71&153**  
PAZHASSIRAJA COLLEGE, PULPALLY



**ONLINE ESSAY COMPETITION**

**TOPIC: INFLUENCE OF SPORTS JOURNALISM ON PUBLIC**

**JULY 2 - WORLD SPORTS JOURNALIST DAY**



The illustration shows a central figure with a headset and a laptop, surrounded by various sports activities: a cyclist, a basketball player, a tennis player, a soccer player, and a person holding a microphone. A document and a pen are also visible near the central figure.



**National Service Scheme**  
Pazhassiraja College, Pulpally



**WORLD SPORTS JOURNALIST DAY**  
July 2

Online Essay Competition

**Winner**

Mubashira PM  
Department of Microbiology



The illustration shows three athletes in action: a soccer player in an orange kit, a tennis player in a grey shirt and blue shorts, and a volleyball player in a red shirt. A pattern of blue dots is visible in the bottom right corner.

- As part of world paper bag day celebration on 12/07/2022, every volunteer(107) of NSS units have made paper bags and students have conducted a paper exhibition at our college. Students also organised a live demonstration and hands on training for interested students and teachers in making paper bags.



NATIONAL SERVICE SCHEME  
PAZHASSIRAJA COLLEGE, PULPALLY



## PAPER BAG DAY

12TH JULY 2022

- Paper Bag Exhibition
  - Paper Bag Making -Training
- @2 pm. Chithrashala



- As part of world population day, NSS units of our college has organised a selfie contest among our students. Theme of photography was a selfie with your family / friends. Students were asked to submit their selfies in the google form. 28 students have participated the selfie contest.

[https://docs.google.com/forms/d/e/1FAIpQLSc\\_BvGh0sdjkMzwDxMi4\\_uOblqVfIJ6jRZ9DHB4yGUfiogqEQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSc_BvGh0sdjkMzwDxMi4_uOblqVfIJ6jRZ9DHB4yGUfiogqEQ/viewform?usp=sf_link)



- On 15th July, 2022 as part of World Youth Skills Day, NSS units of our college have organised two competitions: photography and handwriting. The topic for the photography competition was 'Skilled Youth in India' and for the handwriting competition, students were asked to write one paragraph with a minimum of 250 words. 17 students participated in the photography competition and 9 students participated in the handwriting competition.



Link :[https://docs.google.com/forms/d/e/1FAIpQLScjE86FR3YiIfo\\_NJ5p\\_XL\\_rFVKd-O-AdbbAVNS\\_AQkUQdtbw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLScjE86FR3YiIfo_NJ5p_XL_rFVKd-O-AdbbAVNS_AQkUQdtbw/viewform?usp=sf_link)

Link:[https://docs.google.com/forms/d/e/1FAIpQLSc8vTuUDBUQ9EsV3ONv9KkYIQ454s-4Dn15DvWm9FychdEIpg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSc8vTuUDBUQ9EsV3ONv9KkYIQ454s-4Dn15DvWm9FychdEIpg/viewform?usp=sf_link)

National Service Scheme  
Pazhassiraja College,  
Pulpally

International  
**YOUTH**  
Skills Day  
July 15

**SKILLFEST 2022**

- PHOTOGRAPHY COMPETITION
- HAND WRITING COMPETITION

National service scheme  
Pazhassiraja college, pulpally

World youth skills day  
July 15

**PHOTOGRAPHY  
COMPETITION**

Time:  
Upload it before  
6pm tomorrow

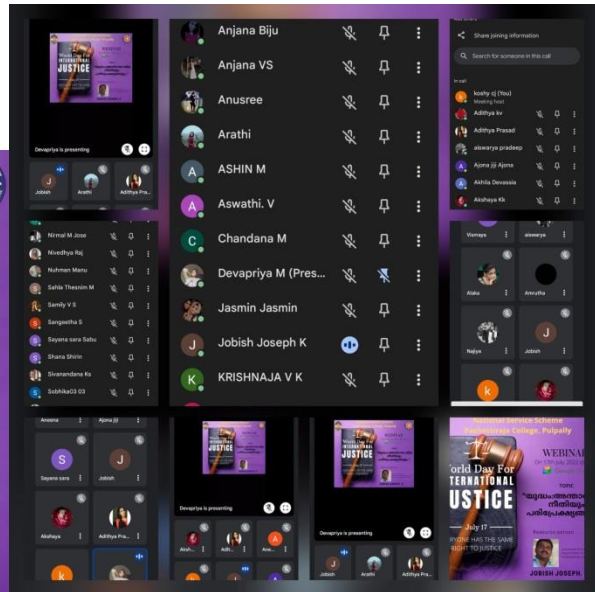
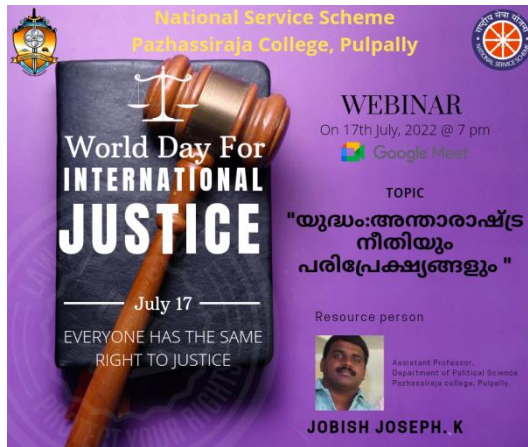
"Take risks in your life  
if you win; you may  
lead. If you loose you  
may guide"  
- Swami vivekananda

Topic:  
skilled youth  
in India





- On 17<sup>th</sup> July 2022, as part of international day of social justice, NSS units of our college has conducted a webinar. The session as handled by Mr. Jobish Joseph, Assistant professor, Department of political science, Pazhassiraja college. He discussed about wars and its impact on our society. 57 volunteers have attended the webinar.



### August 2022

- On August 6, as part of Hiroshima remembrance day, NSS volunteers have conducted a digital poster making competition on topic "Say No to War". 16 participants have submitted digital posters. Akhila devassiya, Bsc Biochemistry has won the prize.



- As part of 75<sup>th</sup> Independence Day celebration, NSS volunteers have organised planting 75 saplings by 15<sup>th</sup> august. nss volunteers have planted 75 plant saplings at their home and surrounding premises.



- On 17<sup>th</sup> August, NSS units of our college has organised a interdepartmental quiz competition as part of CHINGAM ONNU celebration. The vent as held on Firsr year BBA classroom at 12 pm. 10 teams have participated.

National Service Scheme  
Pazhassiraja College, Pulpally

National Service Scheme  
Pazhassiraja College, Pulpally

# Inter department Quiz competition

On 17/08/2022

ചിങ്ങം  
ഒന്ന്

Inter departmental  
Quiz competition  
Venue  
1st year BBA class room  
@ 12 pm

**Congratulation  
Winners**

<b>Alin Jijo &amp; Athulya</b> MA. Economics	<b>Anas &amp; Abhinav</b> Microbiology	<b>Aswin &amp; Fidha</b> History
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**1st Prize**      **2nd prize**      **3rd prize**

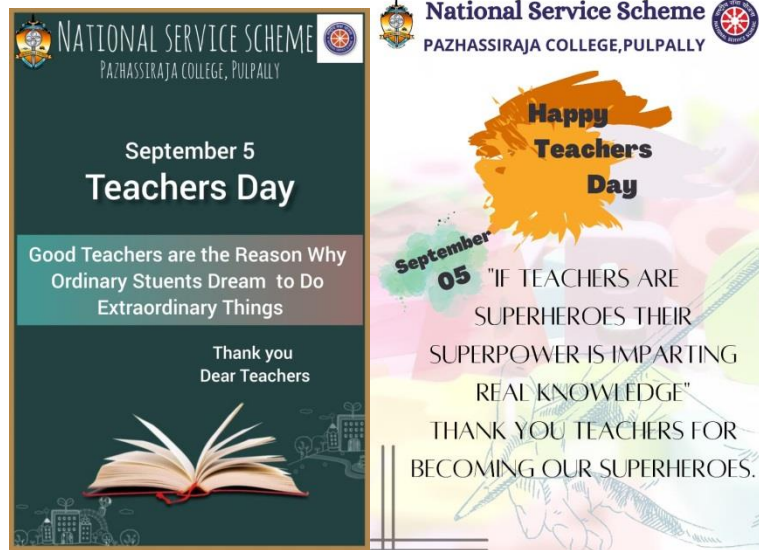


- On 26<sup>th</sup> august, as part of womens equality day, NSS units of our college has organised a webinar on topic Womens equality. Smt Lisa Lalu, Writer, Columnist has taken the session. She talked about equality issues faced by women and its importance. 30 volunteers have attended the webinar.

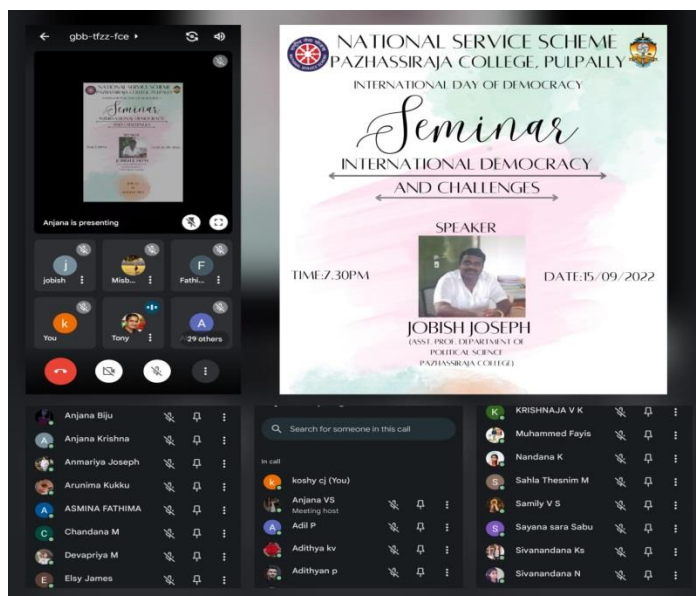


**SEPTEMBER 2022**

- As part of Teachers Day (September 05), students have shared the following image as their whatsapp status and wished teachers of our college.

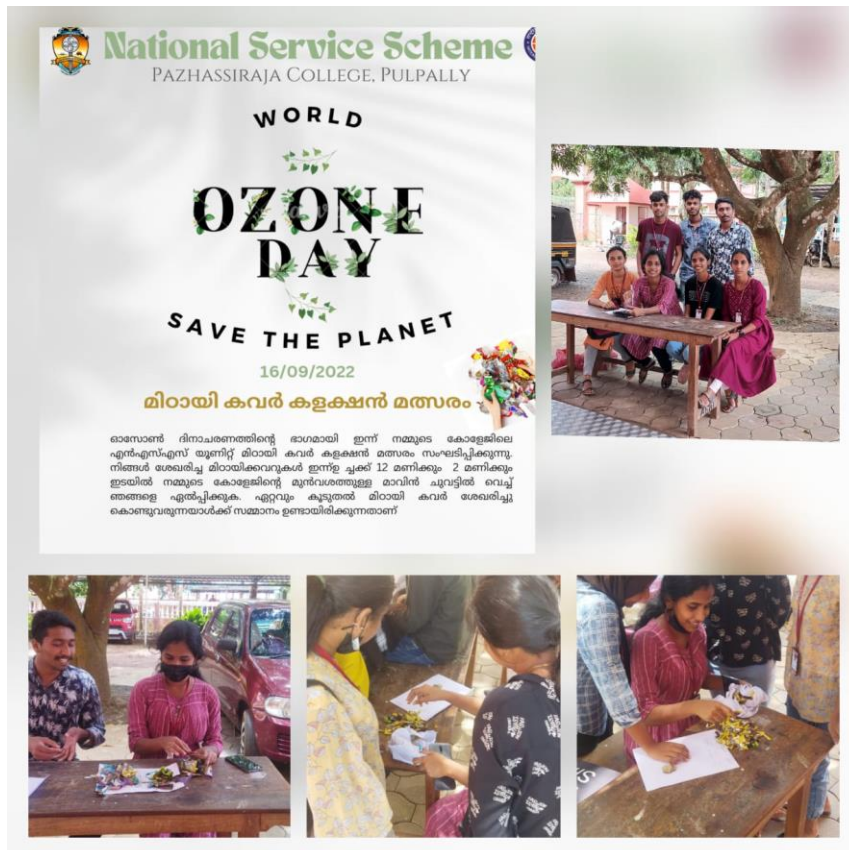


- On September 15, as part of international democracy day, a seminar was conducted on topic “: international democracy and challenges” by the NSS units of our college. The seminar was conducted through google meet. The session was handled by Mr. Jobish Joseph, Assistant professor, Department of Political Science, Pazhassiraja college. 35 volunteers have attended the webinar.



- On 16<sup>th</sup> September, as part of Ozone Day, the volunteers of NSS units have organised a sweets cover collection event to generate awareness regarding the importance of

protecting the environment and ozone. 17 students of our college has participated the event and they collected sweets cover from college premises.





- On 17<sup>th</sup> September, as part of prabodhan programme, 4 volunteers have gone to karimbanmoola colony and priyadarshini colony to conduct classes for tribal students.



- On 19<sup>th</sup> September, our volunteers have conducted a fund raising campaign for raising funds for Kerala Government – CARE programme. 4 volunteers have approached students in our college and raised Rs. 1467/-. Later this amount was transferred to Government of Kerala.



Annex II

Name of NSS Cell : Unit 714153, PAZHASSI RAJA COLLEGE,  
 No. of Funded Units : 2 PULPALLY  
 No. of Self Financing Units : -  
 Total Number of Units : 2

Sl. No	Unit No	Name of Unit	Name of Programme Officer with Phone No.	Amount paid	Mode of payment	Transaction ID or Cheque No/DD no.	Payment date	Remarks
1)	714153		KOSHY CJ 9400619869 TOWN THIRUVAN PULPALLY 8066315394	1467/-	Cheque (M/s)	UPI-227140039171	28/09/21	

Signature: \_\_\_\_\_  
 Name of Programme Co-ordinator: KOSHY CJ

Principal  
 Pazhassi Raja College  
 Pulpally, Pin: 677851

- As part of NSS Day Celebration, students have conducted a programme, - Clean Campus, Green Campus. 56 volunteers have attended the cleaning programme. After the cleaning activities, we have organised a invited talk, interactive session with Mr. Swarun Sebastian. The programme was organised at chithrashala. 56 volunteers have attended the interactive session.



- 10 NSS volunteers have successfully completed the raining conducted the Kerala Government “Team Kerala Kerala Youth Force”. The training programme was organised at Meenangadi. The training as mainly focusing on creating a rapid response team in Wayanad district for facing environmental distasters.



## OCTOBER 2022

- On 2<sup>nd</sup> October, Gandhi Jayanthi our volunteers have organised a campaign on topic Drugs and how it affects our life. Digital posters were made and it was circulated among the students of our college. A contest was also conducted. Volunteers have put this poster as their status and the person who gets maximum views were offered a prize. Mr. Srithin, Second year mass communication student has highest views and he won the prize. Students also cleaned the campus and premises.

## "ലഹരി രഹിത ജീവിതം, നിത്യ ഹരിത ജീവിതം"

സമൂഹം ലഹരിയുടെ പിടിയിൽ അമർന്നുകൊണ്ടിരിക്കുന്ന ഒരു കാലത്താണ് നാം ജീവിക്കുന്നത്. മധുരമുറുന്ന മിഠായി മുതൽ ഇഞ്ചക്ഷൻ രൂപത്തിൽ വരെ നമ്മളെ ലഹരി ത്രസിപ്പിച്ചു കൊണ്ടിരിക്കുന്നു. അത്ഭുതങ്ങൾ വിരിയിക്കാൻ ശക്തിയുള്ള നമ്മുടെ ബുദ്ധിയെ നാം ലഹരിക്ക് അടിമയാക്കണോ?

ഒരു നിമിഷം ചിന്തിക്കൂ.....!

- ലഹരി ഉപയോഗം തിന്മയിലേക്കുള്ള കവാടമാണ്
- ലഹരിയോടുള്ള ആസക്തി നിങ്ങളെ മാനസികമായും ശാരീരികമായും തളർത്തും
- ലഹരി ഉപയോഗം നിങ്ങളെയും നിങ്ങളുടെ കുടുംബത്തെയും നശിപ്പിക്കും

**"ലഹരി ഉപയോഗത്തിനെതിരെ പോരാട്ടം, ജീവിതം ആസ്വദിക്കൂ...."**

**National Service Scheme**  
Unit No. 71 & 153  
Pazhassiraja College, Pulpally




- On 26<sup>th</sup> October 2022, an anti-drug seminar was organised for second year NSS volunteers. The seminar was organised in association with Para legal Service Society, Kalpetta. The session was led by Mr. Radhakrishnan, the coordinator of Para Legal society, Pulpally. 62 NSS volunteers have attended the session.



- From 26<sup>th</sup> October 2022 to 31<sup>st</sup> October 2022, volunteers of NSS have organised a campaign clean India programme. The main aim of this campaign is to create awareness about plastic waste and its impact on our environment. Students were given instructions to collect 2kg of plastic and give panchayath officials for proper disposal. 36 volunteers have actively participated in this campaign.



ക്ലീൻ ഇന്ത്യ പ്രോഗ്രാം



ഒക്ടോബർ 26 മുതൽ 31 വരെ



നമ്മുടെ കോളേജിലെ **NSS** വോളന്റീർസ് പങ്കാളികൾ ആകുന്നു.

ഓരോ വോളന്റീർസും 2 കിലോ പ്ലാസ്റ്റിക് നീക്കം ചെയ്യുകയും സംസ്കരിക്കുകയും ചെയ്യുന്നു.

**November 2022**

- On 4<sup>th</sup> November 2022, NSS units of our college has conducted a skill development session with Kites Foundation. The main aim of this session was to enhance the skills of students. They have conducted brain storming session for developing projects in sustainable areas. Session started at 11 am and it ended at 1 pm. 81 NSS volunteers have attended the session. Mr. Vishnu Ullas along with Mr. Nihel Muhammed and Yamin Mathews handled the session.



kitesfoundation.org



**“Get ready  
Cuz this time we are  
coming to your turf!”**

We are so excited to join hands with  
**Pazhassi Raja College, Pulpally  
Sulthan Batheri**

**Nov 4, Friday 10.30AM to 12.30PM**



**National Service Scheme  
Unit No. 71 & 153**



- On 29<sup>th</sup> November, 2022 NSS units of our college organised a ANTI DRUG AWARENESS programme in association with paralegal society, kalpetta. Adv. PM George, Retired Sub Inspector of Police has handled the session. He gave an insight into the ill effects of drugs and its impacts. Also he shared his experience in Kerala Police in handling drug related crimes. 73 students have attended the session



## December 2022

- On 1<sup>st</sup> December, 2022 NSS units have organised AIDS awareness programme in association with Primary Health Centre Pulpally as part of World Aids day. The programme was inaugurated by college principal. Health officials from PHC, Pulpally has conducted the session. 85 first year NSS volunteers have attended the session.



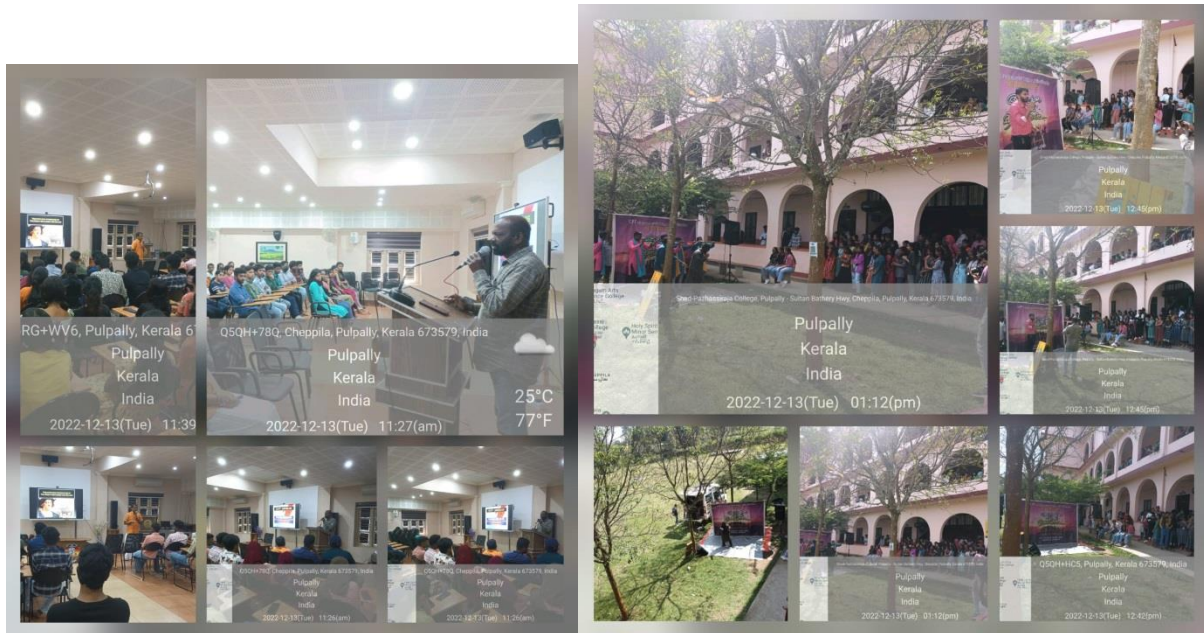
**WORLD AIDS DAY**  
 01 DECEMBER  
**Awareness Programme**  
 @  
**Chithrashala , 10.30 am**  
 Organised by  
**NCC & NSS Units**  
**Pazhassiraja College,**  
**Pulpally**  
 In association with  
**Community Health Centre,**  
**Pulpally**



- On 13<sup>th</sup> December 2022, an interaction session with former NSS PO's, Ms. Smitha Chacko and Ms. Neetha Francis was conducted for second year NSS volunteers. The main aim of the session was to inform students regarding the special camp which is scheduled in the month of December. They have talked about their experience in conducting special camps, and also they have given proper guidance to students on what all things that should be taken care of while attending the camp. 72 students have attended the session.



- On 13<sup>th</sup> December 2022, a seminar and street play was conducted by NSS units in association with ICPF Angelos. Mr. Job T has handled the session on topic How drugs affects our personal life and social relationships. The seminar started at 11.30 and after that at 1, a street play – ‘Ariyuka Priya Mithrangalae’ was performed in college campus. The street play was based on theme drug abuse and its ill effects. It was played in front of all students in our campus. Mr. Abdul Bari KK has inaugurated the event.



- On 21/12/2022 an meeting was organised to welcome new PO of NSS unit No. 71, Amal Marcus. Mr. Abdul Bari KK was present during the meeting. Former PO's Ms. Smitha Chacko and Ms. Neetha Francis were also present during the meeting. Second year NSS volunteers have attended the meeting. During the meeting a general guidelines was given to students for attending the special camp- koode.



# **REPORT OF NSS SPECIAL CAMP 2022-23**

## **PAZHASSIRAJA COLLEGE PULPALLY**

### **UNIT 71 & 153**

**VENUE: St. George A. U. P School, Pulpally**  
**DATE: 25-12-22 TO 31-12-22**



**DAY 1- (25/12/2022)**

The commencement day of the camp began at 10 am with registration. All camp members were directed to make arrangements for the seven days camp, which continued till 1 pm. Lunch was supplied to the students at 1pm. Totally 72 students registered for the camp. At 4 pm camp members were distributed tea. In the evening session camp members were given an orientation class on the relevance of NSS camp by Mr. Koshy C J Assistant Professor, Dept. commerce and Mr. Amal Marcus Assistant Professor, Dept. Economics NSS Programme Officers of Pazhassiraja college. Immediately after orientation class, the students were divided into five different groups for the smooth conduct of the camp activities. Each group was entrusted with routine daily tasks like work in the kitchen, manual work, cultural, programme, tools & discipline, camp newspaper and so on. This session continued till 6 pm.

The camp began with an ice breaking session lead by Mr. Rajesh V R and Mr. Jibin Varghese, who are currently practicing as a socio-psychological counselor. The ice breaking session was very effective in breaking the ice and making the volunteers enjoy the rest of the camp as a team. He made the session very interesting with games songs and other activity sessions. It was a great experience for all the NSS volunteers who came with great anxiety. After the ice breaking session everyone went to have their dinner prepared by the group no. 3. After the dinner everyone was invited to enjoy the cultural night at 9 PM which was organised by

group 2. Each group presented variety of cultural programmes and everyone including the teachers enjoyed it.



### **DAY 2 (26/12/2022)**

The first morning of the camp day 2 was begun with a cup of tea at 6. Then we conducted a morning assembly at 6:30. Assembly began with the NSS anthem. The camp newspaper was presented by the group no.5. group 6 gave the thought of the day. After that volunteers were sent to the college ground for cleaning under direction of group 4. The assembly was followed by a cleaning session at 7:30 ended at 8: 15. Everyone had their breakfast at 8:30.

After breakfast, at 9.30 all volunteers were called together and sent to nearby houses for inviting them to the camp and also collecting vegetables from households. The volunteers returned at 12.30 and they had their lunch at 1 p.m.

Then the most important programme was held, the inaugural ceremony of the NSS special camp, began sharp at 2 p.m. Mr.Koshy C J, the programme officer of NSS invited everyone to the inaugural ceremony with his wonderful words. The camp was officially inaugurated by T S Dileep Kumar the Grama Panchayath president of Pulpally. The programme was blessed with presence of Mr. Abdul Bari K K, Principle of Pazhassiraja College, Ms. Usha Baby, ward member of Pulpally Grama Panchayath, Mr. James Varghese the headmaster of St.George UP School, Dr. Jomet Sebastian Plupally Grama Panchayath ward member and Mr. Shaji E.V the PTA vice president of the college. The inaugural ceremony was officially

concluded with the vote of thanks by Mr. Amal Marcus Assistant Professor, Dept. Economics NSS Programme Officer.

The volunteers had their tea at 4 in the evening. At 5:30 pm to 6:30 the volunteers attended a motivational talk by Mr. Sanoopkumar P.V, Assistant Professor, Pazhassiraja College. Students have actively participated the game oriented session. After the session the volunteers went for shower and summoned in the canteen for their dinner at 8. The cultural programme began sharp at 9 and ended by 10. The presence of college principal Mr. Abdul Bari K K was there throughout the cultural night. The volunteered went to bed at 10:30.



**DAY 3 (27/12/2022)**



Third day of the Koode 2k22 refreshed with the morning tea provided by food committee group 1 at 6.00 am. All the NSS volunteers assembled in the ground at 6.30 am , assembly conducted by the group 4 and the newspaper was released by Mr. James Varghese the headmaster of St.George UP School. Thought of the day was given by group 5 members. After the feedback section the assembly dispersed at 7.10 am. Soon after that Zumba dance was organised by group 4. After that students went for cleaning up the school ground.

All the volunteers had breakfast at 9 am. From 9.30 am to 12.30 pm, the students were sent to nearby field for setting up a vegetable garden. Volunteers went to the field with tools. Almost two hours they worked there. Food committee arranged drinking water to the volunteers in between the cleaning session. The work was completed at 12.30pm. The volunteers completed the assigned works and gathered for lunch at 1 p.m

At 1 pm, the students had lunch which was prepared by group 1. At 2 pm, Excise Officer Mr. Baburaj V.R conducted a session on the topic “use of drugs and narcotics”. Presence of sri. Mr. Baburaj V.R sir gifted a different experience to the volunteers. At 4 pm, students had evening tea and snacks. After evening tea from 5.30 pm, Ms. Rani S Pillai, NCC officer, Pazhassiraja College conducted yoga training session for our volunteers at the school premises.

All the volunteers spent their time from 7.00 pm to 8.30 pm for refreshing. Groups 1 serve a tasty dinner to the camp members. The cultural programme conducted by the group 6 was mind refreshing and enjoyable. The presence of college CEO Fr. Varghese Kollamavudy was there throughout the cultural night. All the volunteers prove their talent in the programme and it gave amazing energy to the camp.





#### DAY 4 (28/12/2022)

The fourth day of the Koode 2k22 refreshed with the morning tea provided by food committee group 6 at 6.00 am. All the NSS volunteers assembled in the ground at 6.30 am , assembly conducted by the group 4 and the newspaper was prepared by group 3 and it was released by NSS Programme Officer Sri. Amal Marcus, NSS Programme Officer. Thought of the day was given by group 4 members. After the feedback section the assembly dispersed at 7.10 am. After that students went for cleaning up the school ground.

All the volunteers had breakfast at 9 am. From 9.30 am to 12.30 pm, the students were sent to nearby field for setting up a vegetable garden. Volunteers went to the field with tools. Almost two hours they worked there. Food committee arranged drinking water to the volunteers in between the cleaning session. The work has completed at 12.30pm. The volunteers completed the assigned works and gathered for lunch at 1 p.m

At 1 pm, the students had lunch which was prepared by group 6. At 2 pm, Mr. Rajesh Kumar, Special Village Officer has conducted a session on the topic “election”. The students came to know how election as conducted, what are the rules to be followed and there was also an interactive session to clear the doubts of the students. The team consist of three members and they conducted various games among volunteers which ensured the active participation of students throughout the session. At 4 pm, students had evening tea and snacks. After evening tea from 5.30 pm, Mr. Jishnu K Nair, Assistant professor, Pazhassiraja College conducted debate and interactive session for our volunteers.

All the volunteers spent their time from 7.00 pm to 8.30 pm for refreshing. Group 6 serve a tasty dinner to the camp members. The cultural programme conducted by the group 5 was mind refreshing and enjoyable. During cultural programme, At 9. Pm, Dr Anzar, State level NSS coordinator has visited the camp and had an interaction with our volunteers. All the volunteers prove their talent in the programme and it gave amazing energy to the camp. Ms. Smitha Chacko, former NSS programme officer have attended the cultural night. Group 1 members won the competition in 4<sup>th</sup> day cultural programme.





**DAY -5 (29/12/2022)**

The fifth day of the Koode 2k22 refreshed with the morning tea provided by food committee group 5 at 6.00 am. All the NSS volunteers assembled in the ground at 6.30 am , assembly conducted by the group 3 and the newspaper was prepared by group 4 and it was released by NSS Programme Officer Sri. Koshy C J, NSS Programme Officer. Thought of the day was given by group 3 members. After the feedback section the assembly dispersed at 7.10 am. After that students went for cleaning up the school ground.

All the volunteers had breakfast at 9 am. From 9.30 am to 12.30 pm, the students were sent to nearby field for setting up a vegetable garden and also they cleaned school campus. They also created a garden for the school students. Volunteers went to the field with tools. Almost two hours they worked there. Food committee arranged drinking water to the volunteers in between the cleaning session. The work has complete at 12.30pm. The volunteers completed the assigned works and gathered for lunch at 1 p.m

At 1 pm, the students had lunch which was prepared by group 5. At 2 pm, Adv. C. V. George, Retired Sub Inspector of Police, has conducted a session on the topic “Drug abuse”. The session was conducted in association with Mr. Radhakrishnan, Coordinator, District leag service Authority. The students came to know the ill effects of drug usage, punishments and health issues of usage of drugs and there was also an interactive session to clear the doubts of the students. At 4 pm, students had evening tea and snacks. After evening tea from 5.30 pm, Mr. Swarun Sebastian, Assistant professor, Pazhassiraja College conducted interactive session on topic “Sex Education”.

All the volunteers spent their time from 7.00 pm to 8.30 pm for refreshing. Group 5 serve a tasty dinner to the camp members. The cultural programme conducted by the group 4 was mind refreshing and enjoyable .All the volunteers prove their talent in the programme and it gave amazing energy to the camp. Teachers of our college Mr. Swarun Sebastian, Ms. Renju Thomas, Mr. Jishnu K Nair, Ms. Josena K Joseph has viewed the cultural night programme.





### DAY -6 (30/12/2022)

The sixth day of the Koode 2k22 refreshed with the morning tea provided by food committee group 4 at 6.00 am. All the NSS volunteers assembled in the ground at 6.30 am , assembly conducted by the group 6 and the newspaper was prepared by group 1 and it was released by NSS Programme Officer Sri. Amal Marcus, NSS Programme Officer. Thought of the day was given by group 6 members. After the feedback section the assembly dispersed at 7.10 am. After that students went to tribal colony visit – Priya darshini Colony. Students conducted an anti-drug awareness campaign at the colony and they distributed cakes and sweets among people who stayed there.

All the volunteers had reached back at 10 am and had breakfast. From 10.30 am to 1 pm, the students were sent to nearby field for setting up a vegetable garden and also they cleaned school campus. They also created a garden for the school students. Volunteers went to the field with tools. Almost two hours they worked there. Food committee arranged drinking water to the volunteers in between the cleaning session. The work has complete at 1 pm. The volunteers completed the assigned works and gathered for lunch at 1 p.m

At 1 pm, the students had lunch which was prepared by group 5. At 2 pm, Mr. Gangadharan, Environmental Activists, has conducted a session on the topic “Nature and its importance”. The students came to know the importance of protecting our nature, issues of deforestation and there was also an interactive session to clear the doubts of the students. At 4 pm, students had evening tea and snacks. After evening tea from 5.30 pm, the students cleaned classrooms and school premises.

All the volunteers spent their time from 7.00 pm to 8.30 pm for refreshing. Group 4 serve a tasty dinner to the camp members. The cultural programme conducted by the group 3 was mind refreshing and enjoyable .All the volunteers prove their talent in the programme and it gave amazing energy to the camp. Teachers of our college Lt. Dr. Rani S pillai, Dr. Joshy Mathew has viewed the cultural night programme.

Then the camp fire was arranged for all the volunteers. Different cultural programmes were prepared and presented during the campfire. During the camp fire we invited the New Year by cutting the New Year cake. Fr. Varghese Koolammavudy, CEO, Pazhassiraja College was invited to cut the cake. Many of the teaching and non-teaching staffs were presented during the campfire. The camp fire was ended sharp 10:00. All the volunteers went to bed by 10:30.





## **Vegetable Gardening and Cleaning Activity from 25/12/2022 to 31/12/2022**

As part of NSS special camp, School campus and nearby areas was cleaned and vegetable garden was setup by our volunteers on all days from 25<sup>th</sup> December 2022 to 31<sup>st</sup> December 2022. The Volunteers of NSS units have undertaken mainly three activities in this special camp. They have created a vegetable garden, flower garden and cleaned the school campus. They have also cleaned the school ground and improved its current infrastructure. Along with that they also cleaned the surrounding areas.



### **DAY -7 (31/12/2022)**

All the volunteers woke sharp at 6:00 and had their morning tea. At 6:30 everyone came together for the assembly. The previous day's evaluation and newspaper presentation was done during the time of the assembly. There was no exercise session for the volunteers today. After the morning assembly all the volunteers went for the cleaning activity. Everyone rearranged the given halls and rooms and made the school campus neat and tidy. Volunteers had their breakfast sharp at 8:30. After the breakfast there was an opportunity for all the volunteers to review the whole camp individually and share their experiences to all. Each volunteers spoke about the camp and their experiences during the seven day camp. After the review session, the Members cleaned the whole premises of the camp till 12.30 pm. Students went to the nearest houses and thanked them

for their support. After lunch, by 2 pm valedictory function of the fruitful seven days camp started. Camp evaluation was also conducted by the volunteers.

The Closing Ceremony started with NSS song 2 p.m. College CEO Fr. Varghese Kollammavudy spoke about the experiences he got during the camp. He spoke about the relevance of being an NSS volunteer and good human being in the society. Motivating everyone to be unique from others he concluded his presidential address. Dr. Joshy Mathew, IQAC Coordinator, Pazhassiraja College, Pulpally also came forward for felicitation. Mr. Koshy CJ and Mr. Amal Marcus, programme officers of NSS, thanked everyone who played a great role in making the camp successful. Expressing the sincere gratitude to all those who became the part of the camp, officially and unofficially the seven day special camp for the NSS volunteers of Pazhassiraja College Pulpally was declared to be over.

For the remembrance of camp days, the students have planted a jack fruit tree in the campus premises.

Volunteers were very happy and thankful for unique experience. Volunteers took enthusiastic hard work during the whole seven days, making the special camp a grant success.



## January 2023

- On 3<sup>rd</sup> January, NSS volunteers have conducted a campus cleaning programme. The main aim of this programme is to communicate the importance of cleanliness among students of our college. 100 first year volunteers have attended the campus cleaning programme.



- On 4<sup>th</sup> January, a training programme was organised for volunteers who have expressed their willingness to participate in ABCD ( Akshaya Big Campaign For Document Digitalisation) camp. 30 volunteers have attended the training session



- On January 9<sup>th</sup> and 10<sup>th</sup> volunteers of NSS units have actively participated in ABCD ( Akshaya Big Campaign For Document Digitalisation) camp organised by Mullankolly Panchayath. The programme was organised at St. Jude Church, 60 kavala, Padichira. 30 vounteers have attended the programme. They were assisting the panchayath officials in data collection and verification of documents submitted by 1800 SC/St people in Mullankolly panchayth. The camp was for 2 days and students were given special appreciation and certificated by officials.



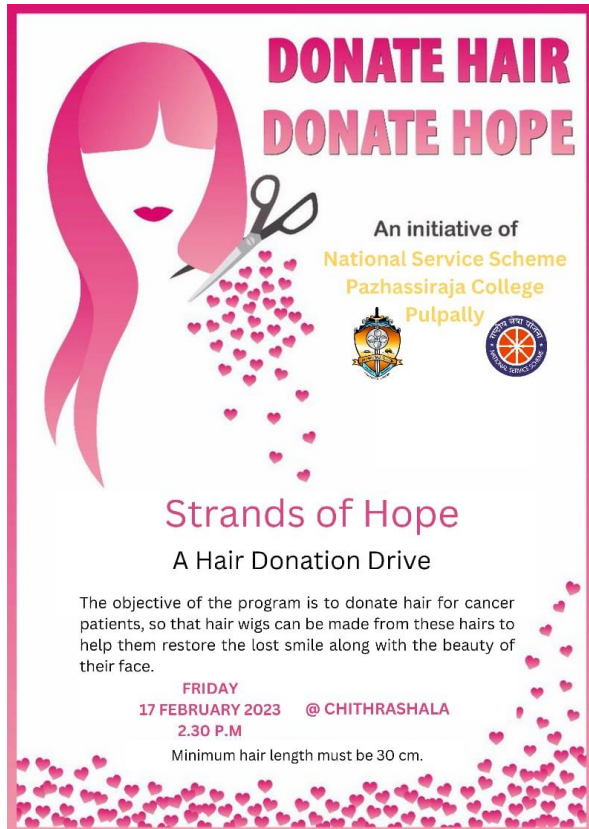


- On 20<sup>th</sup> and 21<sup>st</sup> January, volunteers of NSS units have attended the special camp organised by Kripalaya, School for gifted students at Pulpally. 1o volunteers have attended the two day programme. The main duties of our vounteers were to assist the gifted students and teachers for smooth functioning of the camp.



## February 2023

- On 17<sup>th</sup> February, 2023 NSS units of our college has conducted hair donation drive. The main aim of this programme was to donate hair to cancer patients. Total of 12 students and teachers of our college have donated hair. The session was inaugurated by Dr. Silvi T.S, HOD, Department of Economics, Pazhassiraja College.



- On 21<sup>st</sup> February, 2023 NSS volunteers have conducted a quiz competition as part of international mother language day. 3 participants from each department has attended the quiz competition. First prize was won by BA English Department; Second position was secured by Biochemistry Department and third mass communication department.



**INTERNATIONAL MOTHER LANGUAGE DAY**  
**FEBRUARY 21, 2023**

**കടംകഥ മത്സരം**  
**കുസൃതി ചോദ്യ മത്സരം**

**VENUE : 2nd year BA ECONOMICS**  
**TIME : 2.30 PM**

**Maximum 3 Participants**  
**From Each Department**

**NATIONAL SERVICE SCHEME**  
**PAZHASSIRAJA COLLEGE, PULPALLY**

**PAZHASSIRAJA COLLEGE**  
**INTERNATIONAL MOTHER LANGUAGE DAY**  
**FEBRUARY 21, 2023**

**WINNERS**

**കടംകഥ മത്സരം**  
**കുസൃതി ചോദ്യ മത്സരം**

**1st : BA ENGLISH**  
**2nd : BIOCHEMISTRY**  
**3rd : Mass communication**



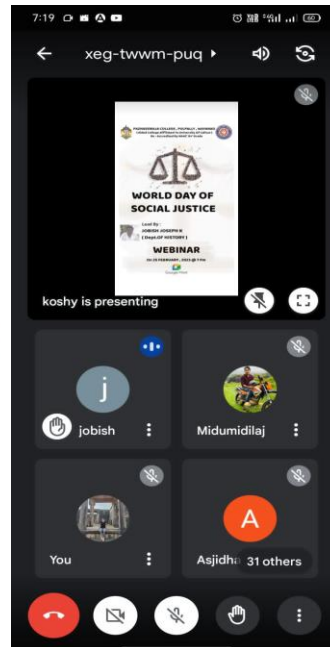
- On 25<sup>th</sup> February, 2023 an online webinar was organized by NSS units of our college as part of World Justice day. Mr. Jobish Joseph K, Assistant professor, Political Science department, Pazhassiraja college has lead the session. He talked about social injustices faced by people all around the world. 37 NSS volunteers have actively participated in the session.

**PAZHASSIRAJA COLLEGE, PULPALLY, WAYANAD**  
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**WORLD DAY OF SOCIAL JUSTICE**

Lead By :  
**JOBISH JOSEPH K**  
 ( Dept.OF HISTORY )

**WEBINAR**  
 On 25 FEBRUARY , 2023 @ 7 Pm



- On 28<sup>th</sup> February, 2023, an international seminar was organised by NSS units of our college. Two topics were covered in the session. First session was led by Ms. Jill Carr Haris, International Coordinator, Jai Jagat Campaign. Her session was on topic The Role of Youth in Nonviolent Economy. The second session was led by Mr. Ashok Nemmara, Director, Centre for life skills learning. He discussed the topic – Importance of Social work on Youth welfare. 76 NSS volunteers have attended the session. The session was inaugurated by Mr. P T John, Leader - Kisan Mazddor Sang. College principal Mr. Abdul Bari KK was present during the session.



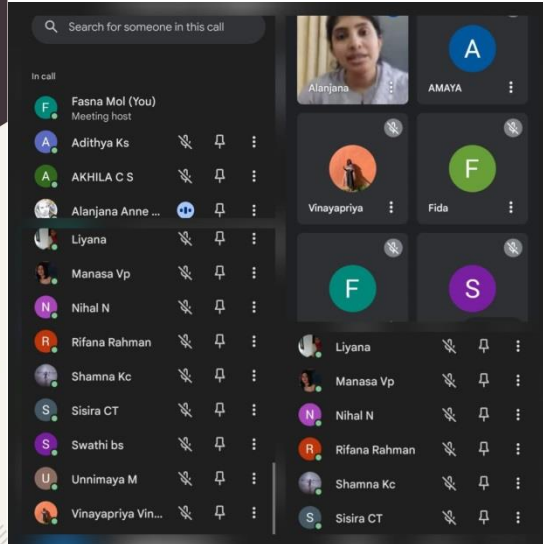
### March 2023

As part of Womens Day Celebration, NSS units of our college has organised three events, namely-

- Webinar
- Digital Poster making competition
- Selfie Contest

Webinar was conducted on 8<sup>th</sup> March, 2023. The session was on topic- Awareness on the use of menstrual cup and its advantages. The session was exclusively for female students of our college. The session was handled by Dr. Alanjana Anne Jose. 53 students have attended the webinar.





- A poster making competition and selfie contest was also conducted as part of womens day celebratiuon. Selfie taken by Ms. Anagha C S has won prize in selfie contest and Mr. Benson Bovas has won prize in poster making competition.

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# DIGITAL POSTER MAKING COMPETITION

## womens DAY

- The poster should contain a message about Women's Day
- Each participant can send only one poster
- The poster must be made in portrait orientation
- It is to be submitted online in JPEG format only
- Any graphic design software or application can be used

DATE - 8 MARCH 2023  
TIME - BEFORE 6 PM



# WOMEN'S DAY SELFIE CONTEST



Take a selfie with your family or freinds and upload it in the google form given below

Competition Ends at 10am

**March 8  
Wednesday**

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