



PAZHASSIRAJA COLLEGE

PUPALLY, WAYANAD, KERALA, INDIA

Aided by the Government of Kerala and affiliated to the University of Calicut

Managed by the Malankara Catholic Diocese, Bathery

Accredited by NAAC with B Grade

Dr. Anilkumar. K
Principal

The Following Programmes have been conducted during the period from 2016-17 to 2020-21 as part of imparting Life Skills among students

Year	Programme	Catgery	Department-Organized	No of Participants
2017-18	BASIC LIFE SUPPORT TRAINING	08-12-2017	SCIENCE CLUB	65
2016-17	YOGA WEEK	10-12-2016 to 12-12-016	YOGA & MEDITATION CLUB	445
2016-17	INTERNATION YOGA DAY	21-06-2016	YOGA & MEDITATION CLUB	165
2017-18	YOGA AWARENESS CLASS- 'YOGA FOR DAILY LIFE'	1-3-2018 to 13-3-2018	YOGA & MEDITATION CLUB	30
2017-18	INTERNATION YOGA DAY	21-06-2017	YOGA & MEDITATION CLUB	100
2018-19	THREE DAYS WORKSHOP ON YOGA & MEDITATION RETREAT	15-11-2018 to 19-11-2018	YOGA & MEDITATION CLUB	135
2018-19	THREE DAYS WORKSHOP ON PRANAYAMA	8-2-2019 to 10-2-2019	YOGA & MEDITATION CLUB	75
2018-19	INTERNATION YOGA DAY	21-06-2018	YOGA & MEDITATION CLUB	165
2020-21	WORKSHOP ON PRANAYAMA	18-11-2020 to 20-11-2020	YOGA & MEDITATION CLUB	135
2020-21	WEBINAR ON PROMOTION OF HEALTH THROUGH YOGA	21-06-2021	YOGA & MEDITATION CLUB	75
2018-19	HANDICRAFT MAKING COMPETITION FROM PLASTIC WASTE	25-06-2018	MICROBIOLOGY	12



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21/11/20
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2019-20	WORKSHOP ON JEWELLERY MAKING	06-07-2019	WOMEN CELL	40
2016-17	STITCHING CLASS	2016-17	WOMEN CELL	19
2020-21	CRAFT MAKING CLASS	19-11-2020	WOMEN CELL	30
2017-18	Life skill Karate	Certificate Course	Department of History	23
2019-20	LIFE SKILL COURSE IN KARATE	Certificate Course	DEPT OF HISTORY	34
2020-21	CERTIFICATE COURSE IN KARATE	Certificate Course	DEPT OF HISTORY	10
2020-21	HEALTH& HYGIENE AWARENESS CLASS ON INTERNATIONAL WOMEN'S DAY	Awareness Programme	NCC UNIT, PRC PULPALLY	15
2020-21	MABEOB 2K21	Class & Interaction with ExpertS	DEPT OF JMC	55
2020-21	MOJO WORKSHOP- Mobile Jourenalism Workshop	Workshop	DEPT OF JMC	45



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